

A Failure of Civility

First Edition

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“A Failure of Civility”

How to Defend and Protect

You, your family, friends, neighborhood and America

during a disaster or crisis.

A few notes to our Readers...

Consider reading this book as if the Authors have parachuted into your backyard as Special Operations Soldiers to assist you in forming a cooperative protection of your neighborhood. That's one of the things Special Operations Soldiers, or 'Special Ops', are best at... covert insertion into isolated areas to train people how to defend themselves against inequitable justice and malicious aggression.

The Authors' combined life experiences, military and law enforcement span 80 years. With this book, we give you *the tools of knowledge to enable you to teach you and others* how to defend yourselves, family and neighbors. We want you to help save lives and to keep America strong.

We have printed this book in large 14 point font and broken up the paragraphs so it is easier for our Readers. We have tried to limit the paragraphs to no more than 6 lines between breaks as most military, law enforcement and technical manuals are one continuous mass of words and consequently very difficult and taxing to focus on and comprehend.

We also decided early on in this writing to make the book a full sized 8.5” by 11” book with as many diagrams, depictions, charts and photographs to convey the content and make the book as visually pleasant as a technical manual can be. This consequentially cost us much more to produce this book... but we hope the ease of reading and understanding is much better.

If we repeat issues in this book or sound like we're reiterating the same thing... read these areas carefully. This is not to take up space or see our words in print again and again... that costs us a lot of extra money to print this book. *It is to ensure that you, the Reader, understand the importance of the subject.*

As with all explanations of diagrams and examples of tactics in this book... read them... learn the terminology and meaning of each. If you go back and review the diagrams and explanations again... multiple times if necessary... your understanding of tactical application will begin to become logical and make sense to you.

You must understand, as difficult as some of these concepts are to learn, professional soldiers undergo years of study and practical application to be able to utilize tactics properly. Do not get disenchanted while learning these concepts.

We are not promoting collectivism or shared interest of group activity except for common defense, providing shelter and food to those in need to the extent possible, providing communications, maintaining hygiene and giving medical aid to those in need *only during an emergency until the Crisis passes*. Rather we promote cooperation and consideration for others.... just like all good neighbors should do always.

In the spirit of all compassionate beliefs, decency and common sense, it is the wish of both Authors that people maintain their civility towards each other as much as possible should adversity arise. People should conduct themselves by the rule of law, respect other's rights, hold life reverent and do everything to cooperate with local law enforcement to the greatest extent possible.

Readers should totally prevent, or in a worst case scenario, attempt to minimize the loss of life resulting from the application of information in this book should *A Failure of Civility* occur.

The Authors inform the Reader that any reference to a religion or religions is not necessarily the religion of the Authors nor is this intended to promote that religion, even though names of beliefs and certain religious disciplines may be made throughout this book.

Each of the Authors has their beliefs, however, they believe most deeply in Freedom of Religion as the Constitution of the United States of America proclaims. The Authors are not judgmental on how people come to their God.

We respect the religions of all... as long as that religion does not harm others... if the spirit of those beliefs is for the good and beneficial interest of mankind... and if each person professing that belief can be truly humble before their God.

The Authors do believe that Americans are abandoning their belief in God. There is no doubt that organized religion has harmed humanity many times over past thousands of years.

However, we believe that *much more good* has come to our society when people are humble before and believe in a benevolent, immortal spirit much larger than themselves.

America was founded on the principles of Judeo-Christianity and these beliefs have had a major impact on creating the tough, resilient and durable fabric that holds our society together.

Although imperfect and unjust at times, our founding Father's vision of this country based on Judeo-Christian principles has been far more beneficial to Americans and the country than the grandiose egos that some leaders would have solely represent the aggregate value of a country.

That is measured by America's successful tenure amongst other forms of government and 'republics' that have come and gone like summer rains during the past two centuries plus of our country's existence.

We know that people should conduct themselves and treat each other by the Biblical saying "*Do unto others... as you would have others do unto you.*" However, to protect yourself, your

family and your neighbors, you must also be ready to “*Do unto those first, the harm that they undoubtedly intend to do unto you... without blinking and eye.*”

***** **BREAK IN BOOK** *****

The Intent of this Book

This is a manual for the American citizen to use to assist them in protecting themselves and maintaining *Normal Civility* in their neighborhood during the time of an emergency that would lead to a *Crisis*. It is compiled from the view of Special Operations soldiers.

Most well-to-do people concerned with survival are ready for a disaster. They have the best that money can buy. This book is written for the John and Joan Q Citizens and their families in neighborhoods across America.

We write this book for those Americans who don't have the financial resources to build or buy space in a bunker, have a house or compound out in the woods to leave the city for, or much money to spend for disaster preparation. Maybe this describes you... maybe it doesn't.

But if this does describe you... this book will show you how to survive in your home and with the cooperation of your neighbors... in your neighborhood if *A Failure of Civility* occurs. There just isn't much in print that will instruct you how to organize and cooperate to achieve a total concept of *Safety and Protection* for survival.

John and Joan want to survive with their children to carry on life when it returns to *Normal Civility* like everyone else... and they need to... because *they* are the core of what makes America.

The Authors inform the Reader that the Authors are not attorneys and some recommendations or actions in this book that the Reader takes may lead to loss of life, injury to them or others or violations of the rights of others. Even though the Reader may determine that action to be in the spirit of simple self defense, it may not be viewed that way by authorities in some States and Locales.

Dictionary Definition

Civility (Old French *civilite*) from (Latin *civilitas*)

(Noun) In early use the term denoted the state of being a citizen and hence good citizenship or orderly behavior... The sense 'politeness' arose in the mid 16th century.

The Authors further advise the Reader that the Authors will not be liable for situations that arise from the Reader's interpretations of material in this book, the Reader's instructions to others, the Reader's actions or implementation of recommendations and information from this book... that leads to the violations of rights of others, injury or loss of life. You're all adults, behave as responsible adults and verify your Federal, State and Local laws and ordinances.

In the context of this book, a *Catastrophic Event* is a disaster that could lead to *A Failure of Civility*. *A Failure of Civility* would be the crudest, most barbarous and brutal deviation from *Normal Civility* that society can get. In short... *A Failure of Civility* would be a "New Dark Ages".

The types of possible *Catastrophic Events* are listed and explained in *Chapter 3, Catastrophic Events* and their characteristics are listed in the *Chart of Catastrophic Events*.

However, before you turn to read Chapter 3, the following will give you an overview. The term *Area Emergency* refers to the interruption that society will experience after a *Catastrophic Event*. This *Area Emergency* can lead to a *Crisis* which can turn into a *Long Term Crisis*.

A *Long Term Crisis* is the stage which will precede *A Failure of Civility* if *Critical Life Supplies and Services* are exhausted... primarily food and water. Civil order will not be able to be maintained without these two items of *Critical Life Supplies and Services* being available to all people.

By the term *Normal Civility*, the Authors describe the way Americans live day to day without killing or brutalizing each other for *Critical Life Supplies and Services*, of which again... the two most necessary are... *food and water*.

Normal Civility also embraces government services such as law enforcement and a judicial system through which disputes are resolved. But without food or water... people cannot live for long and society will face *A Failure of Civility*.

America's *Normal Civility* has become increasingly fragile because of one item in the list of *Critical Life Supplies and Services*... food. Americans today have moved further away from the "Garden to Table" existence of past generations than ever before in the history of this nation. We now rely on a food system that is extremely complex and *fragile*.

A "Garden to Table" existence is how families used to live. Like the next diagram shows... families and local farmers... grew much of what they consumed and it was locally processed. In the past, food was widely produced by many people on a low level technical and localized basis.

Food was fresh and immediately available. The food went literally from 'the garden to their table' making them *Self Dependent* regarding food. In addition, food stocks were stored to live on during bad growing seasons, difficult financial times and for the off growing seasons.

Our present food supply system is, for the most part, a result of the past “*Age of Abundance*” and our lifestyle. It has allowed us to choose to eat the cuisine of the world wherever we live in America and most of the world and after only a simple trip to the store.

Our Past “Garden to Table” Food Supply



Our Present Food Supply System

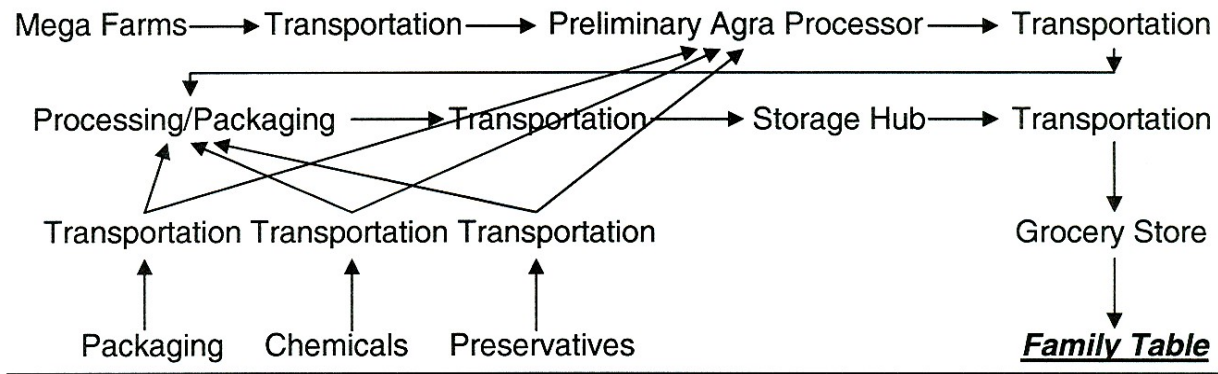


Illustration of the simplicity of our Past “Garden to Table” Food Supply compared to the complexity of our Present Food Supply System

However, this food supply system is extremely concentrated, complex, cluttered with packaging, chemicals and preservatives moving through production lines and is wholly dependent on an extensive transportation and storage system.

The growing and processing of each food item is dependent on not only transportation and proper storage... but each item is totally dependent upon packaging, chemicals and preservatives usually produced thousands of miles away from the processing facilities. Without these processing items the food production line comes to a standstill.

It is necessary that food in this system be processed with chemicals and treated with preservatives because of this time-intensive processing, storage and transportation system. Each item in your grocery store endures weeks of processing and an average 1400 mile trip to get to your table. Unfortunately, as a side effect, food is less fresh and has far from the nutritional content it used to have.

If one minor link in this food system production-line chain breaks... the system stops. It's totally reliant on computers, electricity and electronics.

This movement away from the “*Garden to Table*” existence is compounded further by our reliance on electricity and an electronic digital infrastructure that virtually controls every facet of our food production line, yet is susceptible to disruption and in some cases even protracted disruption or destruction. Even though we eat foods now that in the past would have been a great delicacy... few people now stockpile food reserves. We live a ‘hand to mouth’ existence.

This system is the caretaker of virtually *everything* we use or consume... but most critically our food supply... the growing, processing, storage and distribution of it.

After some *Catastrophic Events*... *nothing will move... no transportation system will function. All vehicles... including trucks... railroads, aircraft and even ships will cease to operate. Our Present Food Supply System* will not only break down in the transportation of food stocks... but the growing, the storage... including refrigeration and processing... will stop.

Even the manufacture of packaging and chemicals to process foods with will cease to function... let alone be able to be transported from their manufacture point to the processing facilities, usually thousands of miles away. This goes for medicines and almost everything else we depend on daily for our existence and well being.

In a worst case *Catastrophic Event*, an example of such, a powerful man made nuclear generated Electromagnetic Pulse (an EMP with E1, E2 and E3 components) or an extremely high intensity ‘X Class’ Coronal Mass Ejection (CME) from a Solar Flare causing an Electromagnetic Pulse (an EMP with E3 component similar to that of the nuclear generated pulse) that directly strikes the earth, the world as we know it could take a giant leap backwards to a *New Dark Ages*.

After an EMP *Catastrophic Event*... *A Failure of Civility* would eventually occur. The *Critical Life Supplies and Services* which we take for granted during our *Normal Civility* would become scarce or non-existent and money would generally become replaced by food, water and other life sustainable items as a ‘new currency’.

A Failure of Civility would be a total lack of concern for others and it would be everyone for themselves. Life would be survival by brutality and use of force... survival at the point of a gun.

People would soon find that normal societal controls of the rights of others and sanctity of life would disappear. People would not be held accountable by their peers nor the judicial system and consequently would not have inhibitions against violating these constraints in an environment of desperation.

The Authors believe death from starvation and indiscriminate killing would abound if *A Failure of Civility* was long term or permanent. It would not be an environment that anyone would enjoy being in.

It would be a struggle between good and evil and a great effort would have to be made to maintain or reinstitute the most basic civilization.

Successfully defending your neighborhood as a group if *A Failure of Civility* occurs is an extremely complicated task... but not impossible... it can be done.

The alternative is unthinkable... unless you consider the suffering, starvation and death that you, your family and friends, neighbors and America will face if you do nothing.

Since the end of the American Military Draft in 1973, fewer of the younger generations have seen military service than ever before in this country.

That means a greater percentage of the American people have never been exposed to military training and tactics... and many more have never fired a weapon.

We can't give you the 'real life' experience of shooting firearms through this book, but we can give you *our* experiences and knowledge to help you with firearms and help you formulate your *Area Tactical Protection*.

We know you can do it because we American people still have the American Fighting Spirit.

We hope sharing *our* experiences and *our* advice on safety and techniques on tactics, how to use firearms safely and effectively and giving you the greatest chance of survival in a gun fight... will provide you with an 'edge' over others if a *Crisis* occurs and it comes to that.

What is an *Area Tactical Defense*... or what we recommend... *Area Tactical Protection*? Well first, we'll mention a statement by an old Special Forces Instructor long ago that left an indelible impression... "*Tactics are like @\$\$holes... everybody has one!*"

We think you get the meaning of what this Special Forces Instructor insinuated by the above phrase. As crude as it sounds his statement is remembered. *Tactics are not cast in stone.*

Everyone has their *own concept* of tactics and how they should be employed. We give you *our* concept of tactics in this book... and *you* can adapt them to *your* circumstances and create *your* own concepts.

We'll explain the difference between a Defense, an Area Tactical Defense and Area Tactical Protection by what George and Tom do...

A Defense... *George sits in his home with a shotgun ready to shoot the robber who's kicking in the front door of his home intent on beating or killing and robbing George and his family.*

Tom, who lives across the street from George, is sitting in his house with his shotgun waiting for robbers to break into his house also. George and Tom haven't talked to each other for years. They're both scared... but they're each acting alone to defend their own houses.



George moves from sitting in his chair to crouching behind it waiting nervously for the assailant to come through the door. The robber may shoot George before George can stop the threat by shooting the robber. The door of George's house comes crashing in, the robber comes in and gunfire erupts. George... We'll let your imagination decide what happened to George.

***A Tactical Defense...** George sits in his home with a shotgun ready to shoot the robber who's kicking in the front door of his home intent on beating or killing and robbing George and his family. George moves from sitting in his chair to crouching behind it waiting nervously for the assailant to come through the door. The robber may shoot George before George can stop the threat by shooting the robber.*

*But George is not alone. George's neighbor Tom lives across the street and is walking guard in the neighborhood with his shotgun. **George and Tom have a Tactical Defense Plan.** When the thief begins to kick in George's front door Tom hears the noise and Tom comes around from the side of George's house to confront the robber just as the robber kicks George's door open. Tom shoots the robber from the side and George shoots the robber from the front while both Tom and George are being careful not to shoot each other.*

*The robber never had a chance to shoot George **or** Tom because of their **tactics**, which were their **Tactical Defense plan**.*

***Tactical Protection...** George sits outside protecting his home with a shotgun and his neighbor Tom is walking guard in the neighborhood with his shotgun. It's lawless in the city and looters and robbers have broken into houses and have killed and robbed many homeowners in their area.*

George hears shots and walks out to the street in front of his house. He sees a robber come running out of a house down the street with a shotgun. The homeowner follows out into the street yelling at the robber. The robber shoots the homeowner. Tom hears the sound of shooting also and joins George. Both Tom and George watch the robber in the distance walk towards their houses.

George and Tom decide to be proactive and stop this threat before the robber can attack them. George and Tom move along the road behind the houses on each side of the road towards this killer but out of view of him. George and Tom come to an area with a huge rock on one side and a big tree on the other side of the road that they can use as Cover from this killer.

Both George and Tom will stand behind their Cover on each side of the road while pointing their shotguns at this killer being careful that neither George or Tom are in the line of fire of the other. The rock and tree will give George and Tom 'Cover' and Concealment'. George and Tom will make a citizen's arrest and turn the killer over to law enforcement.

George and Tom both peer out from behind their Cover by the road at the same time and order the killer to put his weapon down. The killer, counting money from the homeowner he has just killed and robbed is taken by surprise. He drops the money, turns and fires at Tom but instead hits the Cover Tom is standing behind. George shoots the robber dead. George calls the police. The police tell them they aren't able to respond. The police show up two days later and radio the Coroner's Office for the meat wagon.

George and Tom had a Tactical Protection plan... a Proactive Defense plan. They acted aggressively towards their threat in defending both their homes by using tactics of 'Enfilade' or 'Flanking' plus the Element of Surprise.

Now put the geographical dimension of *Area* in front of this term *Tactical Protection* and you have the *Area Tactical Protection* theory... which includes *Flanking Attacks, Defense in Depth, Skipping Rounds, Kill Zones, etc.* This is the Authors' concept of *Area Tactical Protection*.

The difference between an *Area Tactical Defense* and *Area Tactical Protection* is being ***proactive*** towards the threat and ***aggressive in your defense*** by utilizing *Flanking Attacks, Fatal Funnels, etc.* The *Area Tactical Protection* is a *Proactive Defense*.

What in blazes!?! *Fatal Funnels... what the heck are those!?!* We'll cover that later...

Criminal gangs in America have actually encouraged members to enlist in the military for *tactical training*. Some of these former gang members are seasoned military combat veterans of Iraq and Afghanistan and are now back with their gangs.

Others are gang youth with clean police records who enlist in National Guard Units at the direction of their gang leadership, attend basic training and then the School of Infantry. After that period, most of them fail to show up for the remainder of their enlistment. They could care less about an dishonorable discharge. The activities of most gangs are unlawful and being intent on becoming career criminals... they have achieved the gang's goal.

It is suspected that this goal is two fold. *First*, to gain tactical training for gang members and *second*, to have knowledge of where National Guard Armories are and what weapons are in them. It is further suspected that if there is a disaster, social and law enforcement breakdown that they will seize these weapons for their gang's use and they will have the people in their gangs with training that know how to use these weapons and military tactics.

A curious note is that one of the older well established Hispanic gangs is recruiting across racial and ethnic lines for combat veterans. This gang now has whites, Orientals and blacks as members in addition to Hispanic combat veterans. It is not hard to visualize what their actions will be if there is *A Failure of Civility*. They will become the authority and control in their areas. These people are actively pursuing knowledge of tactics and firearms training... *so shouldn't you?*

***** **BREAK IN BOOK** *****

Chapter One

***** **BREAK IN BOOK** *****

A selection from Chapter One...

The time proven advantage of a group being far superior to an individual defending themselves for whatever reason can not be disputed. A case in point is the growing pestilence of modern day ‘Gangs’. Even though most of them operate contrary to the law, they are proliferating and through their common interests, whatever those may be, they are a classic example of *Strength through Numbers*.

Gangs in America have, in fact, become separate societies and cultures within our society. Even though their pursuits are mostly unlawful, it’s been found almost impossible to eradicate them.

Most of them will not only survive *A Failure of Civility* in the Authors’ opinion... they will thrive. Why? ...because they already know how to use deadly force... *without blinking an eye... they have the Survival Mentality*.

Read the following...

1-Story-“Nobody wins... we just survived... with a lot of bad dreams.”

When the catastrophe struck, the electrical grid, water, sewer and utilities stopped functioning. Thus there was no sanitation, no heat in the winter and no water available for drinking or bathing. The currency and banking system quickly collapsed and commerce in its traditional form came to a standstill, leaving only barter and violence as a way to acquire necessities.

The food supply and transportation systems fell apart. Police, fire, and medical services disintegrated and eventually vanished. Violence, disease and death spread throughout the region. *Few were prepared for the months that would follow...*

“Nobody wins... we just survived, with a lot of bad dreams.”

“For one whole year I lived and survived in a city of approximately 50,000 residents without electricity, fuel, running water, food distribution, or delivery of any goods and without any kind of organized law or government. When this happened, it happened so fast that we couldn’t get out of the city.”

“Grocery stores and gas stations were robbed and everything of value was taken as soon as the chaos started. It happened very, very fast. There was some effort by law enforcement to keep things under control, but everything fell apart in just the first weeks... and then the police force vanished.”

“After about a month, gangs started attacking anyone with anything. There were organized groups of gangs of 10 to 15 people, sometimes up to 50 people.”

*“**But** there were also normal people like you and me... fathers, mothers, daughters, grandfathers, sons... decent folks, who robbed and killed. There were no good guys wearing white hats and bad guys wearing black hats. Most of us wore gray hats. This was not like in the movies... when it took place it was ugly, dirty, smelly and we did what we had to do to survive.”*

“Most people turned into monsters and the city turned into a hell beyond belief. Strength was in the numbers. If you were alone in a house, no matter how well armed, you would have probably been robbed and killed in the first months.”

“Most of the time you were not able to determine who was an enemy or who was a friend. Except for my family and few real close friends, everybody was a potential enemy. But when your friend had to choose between his child’s life and your life, you can guess who he was going to choose.”

“In the first months weak people vanished, others fought and survived. You could stay home and die of hunger and cold or even from the infection of some small wound, or go out and risk your life to try to find anything useful or trade for what you needed. Those with the will to live... lived... and those who couldn’t cope with the way life had become... died.”

“A one man survivor had little chance no matter how well armed and prepared he was. At the end most of them died. I saw that many times. But some survived.”

“We quickly organized neighborhood defense groups. On my street of 20 houses, we organized 5 armed men who patrolled our street every night defending against gangs and looters.”

*“**My** group was only my family. My blood relatives like uncles, grandmother moved into my street. I also had some close friends, but my best friends were my family. I never brought a stranger into my close group. During this time, my family was big and in one large house.”*

“In the beginning we had only one antique gun, but later on we had 5 pistols and 3 rifles and because of these weapons, most of us survived. I did not see my big family and good friends as more mouths to feed... I saw them as more people to shoot guns and in that... strength for survival in numbers.”

“Our defenses were primitive. Brick walls around the house, sandbags on windows and over the outside doorways. We covered the sandbags with whatever we could find, big pieces of metal and stones. Inside the house we put all kind of things on the windows leaving only a small opening to shoot out of. There were always 5 members of my family ready to fight and one was always outside on the street hidden to alert us to Intruders.”

“A small family trying to defend themselves didn’t last even if they kept a low profile and were hidden in their house with a lot of food. Sooner or later a mob would come and regardless

of their guns they were usually killed and their possessions taken. So smaller families got together in a bigger house and if they stayed together they survived the mobs.”

*“**When** somebody came to attack our family we showed them that we were ready to fight to the death and that they would probably die if they attacked. If they did attack, our gunfire was so intense that those who survived never came back. We also had our street watch, which the people from my street organized, which alerted us in time to repel attacks. You need as much ammo as you can buy. How much... lots. There is never enough.”*

“The most secured houses were attacked by the mobs and gangs first. We had some very nice houses in our neighborhood with walls, dogs, steel bars on the windows and alarms. Mobs attacked those houses first. Some were well defended and others were not. The best defense was to have an uninteresting looking house or even something that looked like a ruins. It had to look as bad as or worse than the others or it would be attacked.”

“We used what we had when this started as we were not prepared for the situation. We did not know what ‘Prepping’ was. Some of us were better prepared than others, but most families had food for only a couple of days. So we went back into the Stone Age, actually that described almost everything.”

“Most of the time I collected my water from our roof in four big barrels, then boiled it to disinfect it. But if it didn’t rain, there was no water. The river water was too polluted to use, but sometimes you had to choose that. I guess it depends how on desperate you are to survive. Some houses had little gardens with vegetables, but most did not.”

*“**Some** people would go miles during the night just to find a fire so they could light a piece of wood and bring the fire back to their home to start their own cooking or heating fire. Lighters and matches were precious and most people did not have enough firewood to keep their fire constantly burning. For most people... life was a continuous search for firewood, food, medicine and ammo.”*

“During the summer I cooked in my backyard as it was luckily walled in with brick. As far as the smell of the food attracting starving people, try to picture this situation... no electricity, no running water, the sewers didn’t work for months, dead bodies in ruined houses and lying where they fell, grime, dirt and a great mess. It was very hard to smell anything nice.”

“Winter came early that year. Three months after this started the rumors began to circulate about the first deaths from starvation and from freezing temperatures. We stripped every wood door and window frame from abandoned stone houses and buildings, which we burned for heating. I burned all my own furniture for heating.”

“We had some trees in the city parks, but most of the city consisted of brick and stone buildings and houses. You have no idea how fast the trees in the city disappeared... cut down for firewood and burned. Next went the furniture, doors, wooden floors... those didn’t last very long either.”

“Hospitals looked like butcher shops and over three fourths of the hospital staff went home concerned about their families. Many people died from diseases, but mostly from bad water. Bad water killed two of my family. People ate pigeons, birds and rats. Pets were eaten.”

“Lack of hygiene supplies killed a lot of people. Most of the time we did not have toilet paper and even when I had it was too valuable, so I traded it. For our toilet we used a shovel and any piece of land close to the house. It sounds dirty and it is dirty, washing with small amounts of collected rainwater. It was a filthy situation all the time even though we did our best to keep clean.”

“Wounds were mostly gunshot wounds. Without specialists like surgeons and what they need for their operations, a wounded person had like a 30 % chance of survival. Most people who were wounded or injured and needed medications died. People died from the infection of a minor cut. I had antibiotics enough for maybe three treatments and these of course were for my family only.”

“Simple things killed people. Civilization has forgotten that diarrhea can kill in a few days, especially small kids, without medicines and rehydration such as fluid therapy and Intravenous administered fluids. All kinds of fungal skin diseases appeared on people and food poisoning killed many.”

“There was little we could do. Basically we treated...”

******* BREAK IN BOOK *******

A Further part of Chapter One...

1-The ‘Bunker Mentality’

When most people become fearful of a *Catastrophic Event* and *A Failure of Civility*, they think of hunkering down in the basement with their family, weapons, food and water. Some even have elaborate bunkers built stocked with months of supplies where they think they can “*lock themselves away from the world until the craziness passes.*”

We’ve found this thought process begins to consume people to the point that they “*Eat, Sleep and Breathe the thought of survival*”.

Many live in a world of fear and have a “*Gloom and Doom*” mentality that we call “*The Bunker Mentality*”. This is not a healthy way to live, in our opinion.

We've seen people accumulate huge stockpiles of weapons, food, water and in one instance, a person who has a virtual emergency 'hospital' in their home in addition to all else. To us, this is unbalanced living which will interfere with and destroy interpersonal relationships and...

***** **BREAK IN BOOK** *****

Chapter Two

***** **BREAK IN BOOK** *****

People will not behave the same as they did decades ago during our last major economic Crisis... the 1930s' economic calamity. The gloves will come off and the selfishness and brutality will quickly rise to the surface.

There are very different dynamics to this Recession, Depression or Economic Compression... however you wish to describe it... compared to the 'Great Depression' of the 1930s.

This economic Crisis has different characteristics mostly because at no time in our history have we had so many people depending on government payments... to feed themselves and to simply exist. These payments are propping up and keeping the present false economy in play.

But make no mistake... we are in an economic Crisis.

Most American politicians and bureaucrats have termed these payments '*entitlements*'... which makes everyone who served their country or worked their career providing the tax base that powered this country for years sound like beggars and free loaders for relying on these payments. The term *entitlements* for those who served and worked in America is a misnomer and an insult. These aren't entitlements...

***** **BREAK IN BOOK** *****

A portion of Chapter Two...

The fever pitch of people across the planet is as intense or more intense over a decade after that known event transpired without incident. The odd issue is that now the intensity of concern

about a *Catastrophic Event* occurring seems as strong or stronger *but there is no justifiably identified Catastrophic Event recognized... nor has a time of occurrence been determined.*

The following issues have occurred in the last few years that we see as unusual...

- ***Posse Comitatus.*** The Posse Comitatus Act was created in 1878 to curb abuses of American troops against American citizens on American soil, mostly in the Southern States after the Civil War. The ‘gloves are now off’ as the following was signed into law...

On December 31, 2011 virtually all restrictions *were removed* from law enforcement *using United States Military Personnel* for surveillance, *arrest and detention indefinitely* of American citizens on American soil. Is the U.S. Government getting ready for mass riots or civil unrest?

- ***Our Federal Government*** has ordered an increase in their reserves of Meals Ready to Eat (MREs) emergency food of *7000%* in the last two years. *7000%!* The U.S. Government has also recently purchased *1 billion* dollars in dehydrated emergency foods to add to those MREs and who-knows-what-else they already have stockpiled. Why have such *huge* emergency food reserves?
- ***Our government has recently announced*** the order of *450 million* rounds of .40 caliber *hollow point* ammunition and *175 million* rounds of 5.56 x 45 mm (for M-4, M-16 type weapons) to add to what they have. This ammunition is for the standard pistol, submachine gun and rifle of Federal law enforcement agencies, *not for our military services.* Hollow Point ammunition is banned for use by armies under the Geneva Convention. These are huge orders, if not the largest purchase of ammunition for Federal Law Enforcement agencies ever. The Federal Government has stockpiled *1.4 billion* rounds... *why?*
- ***Many scientists and countries*** seem to be preparing for the worst. For example, the Svalbard Global Seed Vault in Norway is an international effort which purportedly contains seeds for almost *every variety of plant life in the world* in case of *Global Catastrophe* and a new level of intensity of collection of seed has been underway.
- ***Most Industrialized countries*** have built or greatly expanded existing underground survival facilities in the last 15 years. In some countries these are numerous, stocked with food and water... they’re virtual underground cities that can house tens of thousands of people and provide for their needs for months, if not years. Some of these facilities are top secret and are not for military purposes.
- ***The United States Department of Homeland Security*** now has powers to prioritize government communications over privately owned telephone and Internet systems in emergencies by seizing control of all communication. A similar directive gives them power to seize and control ‘all resources’ in the country.
- *We could go on...*

You and your neighbors *must depend upon each other in a team effort* to protect yourselves, your area... and America. You need to have a *Neighborhood Protection Plan.*

Almost every government seems to be preparing beyond what is considered normal for disaster. Should you be concerned? We are... *you should be.*

***** **BREAK IN BOOK** *****

Chapter Three



Well, there comes a time when you have to get down to the nitty gritty... a time when text book definitions that give you 'pain in the brain' are necessary... so most of this chapter is just that.

If this starts to give you a headache... read it and assimilate it for a few days... then read it again. It will begin to make sense to you... we think.

3-So what's going to happen that you have to prepare for it?

The Authors have heard talk for years that begs that question. We hear this talk amongst people who are 'Survivalists', 'Preppers' or simply people concerned that this or that catastrophe is going to happen.

In their writings and conversations they refer to TEOTWAWKI. This is not an American Indian word spoken by the Hopi Indians. It is the acronym for ‘The End Of The World As We Know It’. The other common acronym is SHTF, which represents the term when ‘The S#!t Hits The Fan’.

The first acronym... TEOTWAWKI... pertains to those whose belief is that *A Failure of Civility* will be long term or permanent such as caused by a ‘Nuclear Winter’ or an Electromagnetic Pulse event.

The second acronym... SHTF... refers to a general description of standing in front of a huge air circulation fan and someone throwing a shovel full of dung from a camel that’s had diarrhea into the whirling blades... which is immediately flung all over you. Even though there is no specific disaster that can be attached to the latter... it gets the point across.

All these people have one particular admirable character trait... they want to be *Self Dependent* and *survive*. This is human nature at its zenith. Regardless, the tempo of concern amongst these people is increasing and the average American has begun to be uneasy about their future.

Each person has their particular concept of one or more scenarios of disaster that will happen. Most people fixate on a certain type of disaster. Each person has an issue or issues that they are concerned can disrupt their ability to feed themselves or their family or cause other severe life threatening problems.

The Authors have never seen a comprehensive list of *Catastrophic Events* or a list with the characteristics of each... so here’s our take on them...

Dictionary Definition

Catastrophic Event

(Noun) An event causing great and usually sudden damage or suffering... A disaster.

What is a Catastrophic Event...? Different types of disasters and emergencies that we call *Catastrophic Events* are presented here. A *Catastrophic Event* is an event that will *interrupt your normal life and that of the majority of people* around you... and it *may* progress to cause extreme suffering and death.

A famous or respected person’s death could interrupt your life and that of the majority of people around you. This event could affect a nation or the world if the person was someone the masses of people loved and admired enough. This type of *Catastrophic Event* may be a tragedy, but it would not likely *directly* cause a *Crisis* or a long term interruption of *Normal Civility*.

Our definition of a *Catastrophic Event* excludes the death of famous and admired people. We cannot see how the death of one person would cause a shortage of *Critical Life Supplies and Services*, particularly food or water. We don’t foresee one mortal person’s death as ever *directly* causing a *Long Term Crisis* or *A Failure of Civility*.

The Authors judge some *Catastrophic Events* that people believe are looming as ‘hysteria’ and have no common sense basis... so we haven’t listed them here. Included in that category are an Alien Invasion and Zombie Attacks... we leave those for the science fiction writer and TV programs.

Further, if you believe that ‘Zombies’ and ‘walking dead cannibals’ are going to be a reality... we’d rather have you quit reading here... and the Authors are praying you don’t have any firearms.

Just because three identical pieces of one of the Author’s Captain Crunch float to the top of the cereal bowl and align perfectly on one axis... or the other Author’s office globe continues to flip over, regardless of his attempt to keep it in its correct position... doesn’t lead us to believe that a “*planet alignment disaster*” is looming or an earth magnetic pole shift is about to “*turn us upside down.*”

Some *Catastrophic Events* cannot be protected from. If there is a deadly bio-engineered virus that is virulent, extremely contagious and is widespread enough it could kill everyone in a very short period of time and there would be absolutely nothing you could do to stop it. If the planet Mars changes its orbit and collides with Earth... there is little any of us can do... *but pray.*

The Authors think that other *Catastrophic Events that you can prepare for* are more of a realistic and probable threat in the Reader’s lifetime than some of these remotely possible ‘doomsday scenarios’. So we list what we consider the probable and realistic *Catastrophic Events*.

Here’s what a Catastrophic Event is in a nutshell... A Catastrophic Event is an event that will interrupt your normal life and that of the majority of people around you... and it may progress to cause extreme suffering and death.

We have listed 22 *Catastrophic Events* in categories that we think are plausible. Some have *the potential to cause the shortage of one or both critical items of Critical Life Supplies and Services... food and water.*

In other words... two items that if people were without for long enough periods of time... there could be great violence... a disregard for Mankind’s laws... and many people would suffer and die.

We’ve simply concluded that the **shortage** of one or the other of these two items of *Critical Life Supplies and Services... food and water* will **always cause some degree of A Failure of Civility.**

3-The Chart of Catastrophic Events

Information for specialized items needed is listed in *Chapter 12* under “*Specialized Items needed for certain Catastrophic Events*”.

Most of what we list here as Catastrophic Events have happened in Mankind's recorded history. The Catastrophic Events the Authors feel are most plausible...

- A.** Financial collapse of the United States and world economies-Depression, mass unemployment and hyperinflation.
- B.** Cyber hacking and viruses damaging the infrastructure control computers creating *Critical Life Supplies and Services* shortages or disruption.
- C.** ...

******* BREAK IN BOOK *******

Further reading from Chapter Three...

3-Story-"America's Legacy from its Leaders"

"May the soul of Ronald Anderson rest in peace ..." were the last words of the funeral service from their priest Father Chavez. Dan pulled Linda close to him to comfort her as she wiped the tears from her eyes and said "I love you honey! And I loved your Dad very much". Still she couldn't stop crying and with that, Dan began to sob.

They walked from the grave to the suburban with their parish priest as the funeral home placed the huge concrete slab over the grave. The slab would prevent grave robbers, the vile activity of ancient times but again resurrected, from digging through the soft soil and robbing her father of the few pieces of jewelry she had buried him with.

Linda would have cried more tears, but life in America as it had been over the last few years had taken the rest of her tears from her. Inflation had destroyed just about everything and everyone. First it was her mother and now her father.

Her father had been a healthy man but the guilt of not being able to pay for a complicated operation to save his wife had destroyed this grand man. He died from severe complications of a simple infection, but really from a broken heart Linda knew. It was ironic, Linda thought, her father was a doctor by training.

The funeral service had been quick and cheap and a small group of people had attended despite the fact that thousands of people knew and respected her father deeply. Most would not venture from their homes or workplace to attend because the fear of being robbed or killed.

The cost of traveling anywhere but to work was out of the question... at least for those who still had a job. Many had emailed their condolences... those who still had computer service. That was over \$2200 a month for those who could still afford it.

Few letters would come because the cost of a stamp was over \$18 and rising daily. The new courier service of bicycle tough guys had brought the most letters of condolence to them. All local though. Ten to fifteen tough young men with some firearms and baseball bats had become the new means of communication. Their price was ammunition or food for the group. They wouldn't take American dollars.

The Catholic priest had given the service at the grave on condition that Linda and her husband Dan give him a ride to and from the parish. He, like most people, preferred food over money because the dollar's worth became less by the day. He would have performed the funeral service for nothing, but Dan and Linda provided him food for the day. The value of church donations had dwindled to almost nothing as the money became more worthless by the day and people fought to pay for essential items.

The cost of driving anywhere had suddenly become as major an issue as the cost of medical care. It was less than 15 miles one way to take their priest back to the parish, but at \$65 plus per gallon of gas and rising weekly, this simple drive of 30 miles was costing Dan and Linda about \$130.

***This day was dreary and biting cold.** There was no snow yet but it was windy with strong gusts. A blizzard was coming off the Rocky Mountains, headed straight towards them.*

It was a fast trip of 15 minutes as there were virtually no cars on the road. Linda saw a whirlwind of paper, plastic and debris billowing up and seemingly pursuing them like some huge dirty threatening monster when she looked into the rear view mirror. Garbage was no longer picked up. Most people burned it in their backyards even though it was against the law.

Dan drove quickly going through red lights, stop signs and sped twice the posted rate with the suburban. He knew they were vulnerable if they slowed or stopped at all. Gangs would rob them if they were lucky, rob and kill them if they were not. Linda held the family shotgun visible for all to see as a warning and Dan had another shotgun behind his seat and carried two automatic pistols.

***There were no police on the road.** Most departments were staffed in name only. No city had the money to pay for these essential services and most cops had quit their jobs to become the private armies and bodyguards of those who could afford to pay them. Their new employers were the grocery stores, banks, the wealthy and those businesses that dealt in large sums of cash, commodities or valuables.*

This day was years in the coming. Her father and others had warned of it for years. Pleas for a Balanced Budget and spending reductions went unheeded. The massive infusion of money into the financial systems of the Western World had thrown the financial system into total chaos and the debates on what to do went on for months, but frankly, there was nothing that could be done. America and Europe had painted themselves into a corner with no solution in sight.

***They arrived** shortly at the Catholic Parish. It looked like a fortress with its windows barred and boarded up. Parishioners had been taking turns guarding their priests and church around*

the clock. As they pulled into the litter strewn parking lot, a middle aged man who looked as if he had all the warm clothes he owned on, walked quickly from behind a wall towards the vehicle.

His weapon, a 12 gauge pheasant hunting shotgun, was at the ready. Seeing who it was, the man acknowledged them with an abrupt waive, then retreated back to his makeshift guard post. Dan knew that there was another man just like him standing guard on the other side of the church grounds.

Dan carried two small boxes full of food into the parish as Linda, carrying their shotgun, and Father Chavez followed him.

“Please... sit down.” he beckoned for both to take a seat in front of the rectory desk.

“I will miss your father greatly. He was a dear friend of mine. I can remember him coming to me for confession and having a great sense of guilt that he couldn’t stop the very situation he knew we would be in... what his children would live through. The troubles of this day. What we are going through now!” Father Chavez said, his voice trailing off with a tone of anger.

“Father, I brought enough food for the Monsignor too. Is there anything else I can get for you? You’re like a beacon of sanity in the lunacy of this wilderness we all live in now. You’re more important to people than you realize Father. No harm must come to you.” Dan stood up and placed his hand under his coat as if to remove something.

“Stop Daniel! I know where you’re going with this. I am a simple man of God and I trust in him to protect me. The men outside were not my or the Monsignor’s idea. But I must also say that after the robberies and the beating of Monsignor Thomas, it gives us a sense of security... at least until things turn for the better.”

With that, Dan pushed the extra automatic pistol back into his waist band.

“Well, I can see that this discussion is going to go the way the previous ones did, Father. But if there’s anything else I can do, please contact me.”

“I will, Daniel.”

“Honey, we’d better get going.” He said as Linda stood up.

Father Chavez walked to Linda’s side and said, “Linda if there’s anything I can do for you, you must contact me.”

Linda stood up, eyes almost swollen shut and started crying again.

Father Chavez put his arm around her to comfort her as they walked to the rectory door.

Ronald Anderson had become obsessed with the economic situation when the inflationary cycle began two years ago. He’d warned everyone about it for decades. His passion was his

children and his country and he would not bury his head like most of the rest of Americans had done.

America had passed the point of no return. The devastation he predicted would hurt everyone, including those who belittled him, was upon this country he loved so dearly like an oppressive cloud. He was at the age that he finally resigned himself to live the remainder of his life quietly and peacefully.

It was too late now to stop the financial destruction so Ronald Anderson became quiet. He wanted to live the last years with his wife, but now she was gone. He felt he had failed in life and much of what he lived for was gone.

As **Dan got in and closed the door** of the suburban, the front page of a two week old USA Today newspaper blew up against the windshield and the gusting wind held it perfectly in place for him to read as he glanced again at headlines that read “Chinese attack Taiwan!” Anger welled up in him towards the Chinese and their threat to dump all their remaining American Treasury Notes if we intervened militarily to stop their invasion of Taiwan.

The Mainland Chinese had invaded Taiwan two weeks ago and were now in full control of the island. All Taiwanese Government leaders and the country’s elite were being executed by the thousands in televised ‘People’s Mass Cleansings’ as the Mainland Chinese Communists called them.

But, Dan was more furious with those in Washington who had permitted this to happen. America was allowing this through an undisclosed agreement that was forced through Congress overnight.

It was an undisclosed agreement because Congress had decided that the agreement was too sensitive to allow it to be made public to the American people, so it was classified top secret under provisions of the Patriot Act II.

Those in the administration knew that the American public would be up in arms over this 1600 page agreement, most of which hadn’t been thoroughly read by anyone, so they deemed classified and that the American Public had “No need to know”. Unknown to Americans and most of Washington, as an obscure provision of the same resolution, the American Government had agreed not to interfere and had given the green light to the Chinese for future invasions.

Vietnam, Cambodia, Indonesia, Malaysia, the Philippine Islands, Laos and even the 300 year old Monarchy of Thailand were in their sights. China, secure as the new Financial and Industrial World Power, was beginning to build a new Imperialist Empire such as the world had not seen in the last two centuries.

The newspaper finally shifted and blew off Dan’s windshield.

Dan knew that this first concession to the Chinese would be far from the last. They would ratchet up their expansion threats and soon their military threat would come directly to

America. The Chinese were treating America like a bad child who's been irresponsible with money and needed a spanking, but they were treating their neighbors' worse.

Washington was so desperately in need of currency, that they had accepted a small amount of gold and China's promise not to force a default on the huge amount of U.S. Treasury Bonds they held, in exchange for America turning a blind eye to Chinese expansion plans. Congress passed the resolution despite the threats of the Chiefs of Staff, but no one paid much heed to these high ranking American Officer's attempts at intimidation, they no longer had a functional military to threaten anyone with.

Chinese troops were massing on the northern border of Vietnam and the Chinese Carrier Groups 'Beijing' and 'Mao Tsetung' were sailing into the Gulf of Tonkin and the South China Sea that afternoon headed towards the Vietnam coast.

The Undersecretary of Defense, a former Marine Veteran of Vietnam, resigned. In making his public resignation statement he said... "We lost 58,000 soldiers and the Vietnamese had over 2,000,000 dead in Vietnam in the days of my youth. Since then America has helped Vietnam rebuild their country and the Vietnamese people have become a strong financial and military ally of ours. The hatred between us is gone and we have become one people."

"I've just gotten off the phone with my former adversary, The Minister of Defense of the People's Republic of Vietnam. He is a hardened soldier, a worthy adversary who I have become personal friends with over the last years. This man, who has little emotion but much compassion for his country, begged me that we airlift troops there and send Navy Aircraft Carrier Groups into the South China Sea to help protect them."

"He ended the phone call with an emotional plea... his voice breaking. Not thinking of himself, but thinking of what we two have discussed many times when together... the American and Vietnamese blood wasted there years ago... his voice was breaking because of his fear for the future of his country."

"The failure to honor our new defense treaty with Vietnam is despicable. Therefore, I will resign my position as Undersecretary of Defense immediately. This American Administration should be ashamed of themselves."

As Dan pulled out onto the road home, a bunch of American one thousand dollar bills blew across the hood of the suburban like confetti. Dan could clearly see the face of Franklin D. Roosevelt on one as it stopped momentarily and then slid reluctantly off his windshield as he sped away.

Can't happen in America? We have unlimited spending now because the United States Dollar controls the banking of the world.

An effort is underway by the BRICS nations... Brazil, Russia, India, China and South Africa... to trade between themselves with their own currencies not valued against the American dollar. They have begun to do this in May of 2012... for the first time in almost 100 years.

Our reckless spending cannot go on indefinitely and the U.S. Dollar will suffer when all nations agree to replace it with another currency. We're like the owner of the bank covering his wife's overdrafts...that works until we no longer own the bank.

Hyper Inflation can't happen in America you say? Get your history book out... read the current news... start writing down the cost of a few basic items each month you purchase them... we're headed into inflationary territory again.

Can't happen here? That's what was said in... the Weimar Republic in Germany of the 1930s... in Argentina in the 1990s... and in Zimbabwe in 2008. The leaders of those countries thought reckless spending could go on forever... until their countries collapsed.

Consider going to lunch as one of the Author's friends did in Zimbabwe. They took two large suitcases along with them...



A \$1.2 Billion Dollar Supper

***** **BREAK IN BOOK** *****

Chapter 4

***** **BREAK IN BOOK** *****

Selected portions of Chapter 4...

4-Proactive response

Law enforcement maintains a 'Force Continuum' by which they *react*. They generally have to see an *escalation of the threat* towards them *first before* they can *increase the amount of force they use*. This is why so many police officers get killed in the line of duty making simple arrests or traffic stops. They are in a *reactive mode, not a proactive mode*.

The time it takes the human mind to realize the threat of a person drawing a gun or coming at you with a knife alone is enough time in which you can be killed because you do not have enough time to react to that threat. This, plus the time it takes for an attacker to 'bleed out'

before they can complete their attack on you are crucial seconds. You'll learn more about this later.

The Authors' rule... in a close quarter's situation, a potential hands on attack or a situation that absolutely is going to lead flat-out to a fight is... *"The person who makes the first move usually wins."* **Respond proactively!**

As much as you may love your fellow man or the thought of the 'Marques of Queensberry Rules' and fairness is an inherent characteristic in you, heed our rule... *"There is no fair fight."* If your *NPP* is activated, be ready to make the first move when in a threat situation... once you make that decision, make your move without conscious thought. *Be proactive in your response!*

4-Psychological and physical effects of A Failure of Civility

These are psychological and physical effects that *A Failure of Civility* will have on you and your *NPP* Group Members. It will be much worse for those not organized properly in a *Neighborhood Protection Plan*. If a *Long Term Crisis* leads to *A Failure of Civility* you must have the mindset to accept the following because *you will have to accept these to survive*. You must get use to your thought patterns changing and you will have to accept those changes.

If a Long Term Crisis leads to A Failure of Civility... get accustomed to...

- ***Having skin boils.*** You'll think God has stricken mankind with the Biblical curse of boils in addition to what you're already experiencing... the evil of what humanity has become during *A Failure of Civility*. Boils will appear on people because of changes in diet, poor nutrition and generally poor hygiene.
- ***Using a bucket for a toilet.*** Water will be more precious for drinking and preparing food than for flushing a toilet or washing hands.
- ***Having no toilet paper.*** After even a short time during a *Crisis*, this is one of the first items to run out. Try wiping your backside with your hands the next time you have a bowel movement and then washing your hands with a cup of water. Water may be too precious to use abundantly and if you don't have toilet paper you won't have paper towels. If you wipe your hands on your clothes, you know what you'll smell like.
- ***Going without sleep and sleep depravation.*** Few Americans know what true sleep depravation is. The mind wanders, the person is unable to concentrate or do the most elementary tasks and most people become irritable and disoriented.
- ***Being in a constant 'On Alert' state of mind... fear.*** You will have sleepless nights or very light sleeping habits that make you feel in a constant state of fatigue. You will find yourself moving zigzag instead of walking in a straight line from point A to point B. You will walk from one Cover position to another Cover position without realizing you're doing it.

You will be looking at your surroundings not as a building or forest, but as to where a threat could be concealed. Every building you go into, you will first scan the building rooms for threats and then scan for exits to enable you to get out faster than you got in if problems arise.

- ***Suffering from Post Traumatic Stress Syndrome... or PTSD... as it's commonly referred to.*** Talk to anyone who has experienced extremely traumatic events or have been in a combat zone for a length of time and they'll tell you what this is like if you can get them to talk openly about this.

But even if they do, you still won't comprehend PTSD. Ask them how long it took them to adjust to a normal thought pattern. Most people are never the same again. Your mind will become numb to life and normal situations you used to enjoy will become meaningless, monotonous and boring. You will find little pleasure in things you used to enjoy. Numb.

You may suffer from deep fits of depression. You will sit with your back to a wall inside buildings like the gunfighters did in the Old West. You will avoid groups of people. When you do associate in the presence of a group of people you will become very uncomfortable, edgy, nervous and irritable. Certain noises may startle you. You will smile little and not feel happiness and the joy of life like you did before a *Long Term Crisis* or *A Failure of Civility* started.

- ***Smelling of bodily filth.*** You will not be taking a shower or bath every day and may not bathe for weeks or months. Again, water will be too precious to use for taking a bath or shower. Cooking food with it and drinking it will be the priority. You and the people around you... will stink.

***** **BREAK IN BOOK** *****

Another sample of Chapter 4...

- ***Minor medical problems becoming deadly.*** The state of despair you will be in will affect your immune system negatively. There will not be an 'injection from your doctor' for coughs and fatigue. Minor cuts and scrapes will become deadly infections from an increase in common germs that we have over used antibiotics on for years.

Both of the Authors have walked with infected feet from blisters for tens of miles carrying heavy loads through rough terrain, one over 20 kilometers through mountainous Africa with no shoes, just two pairs of socks. The poor state of mind from the pain and concern of worsening infection plus poor nutrition makes the infection worse and can lead to Sepsis, or whole body infection, shock and death if not treated properly. Good thing the Authors were young and stupid when this happened... too stupid to know the true danger of our situation.

- ***Everyone is sick and the 'Terminal Living' will die.*** If a *Crisis* turns into *A Failure of Civility*, you will find people so stressed out and their immune systems so run down that eventually everyone will be sick at one time or another.

Those people that are dependent on insulin, oxygen, beta blockers and other items that medically assist them in staying alive will die within days, weeks or months. These people are... for lack of a more pleasant sounding term... 'The Terminal Living'... amongst us.

- ***Little or no artificial visual or auditory stimuli as we have in abundance now.*** After some types of *Catastrophic Events*, especially an Electromagnetic Pulse *Catastrophic Event*, there will be no communications or external stimulus like TV, cell phones, internet or iphones.

The silence will be deafening. Picture yourself in a 'Normal Rockwell Painting World' with your family huddled around any functioning radio straining for a shred of news. Rumors will abound and the term "No news... is good news" will have new meaning to you.

- ***Walking wherever you need to go.*** After some *Catastrophic Events*, there may be no transportation other than walking or bicycles. Don't drive to the corner market tonight, walk there and experience this difference. Bicycles will be worth their weight in gold as will be vehicles that operate and fuel.
- ***Living on top of each other.*** Envision your home with the number of people that you plan to have under your roof. Most people will literally be living on top of each other. Now add irritable people, no air conditioning, cooling or heat, the smell of unwashed bodies, and crying children to this. Maybe think of everyone hungry on top of these issues.
- ***No trust.*** Anyone, other than your family, and depending on how trusting and close knit you've managed to get the people in your *Neighborhood Protection Plan*, any people beyond your Protective Perimeters described as *Outsiders* will be looked at as a threat even if you previously intimately knew and trusted them.
- ***Going Cold Turkey.*** Everyone will quickly shed all the inconsequential things in life that consumed much of people's daily thought and being. "Does my hair look okay?" type thoughts and the mechanics of satisfying addictions. Those who have these vices won't have them long because they won't have anything to give them their 'fix'.

Smokers, drinkers, legal and illegal drug consumers will be forced to go 'Cold Turkey' and the desire to have just one puff, just a smell of liquor or one pill or injection of a drug will consume these people's minds day and night... until they're 'cured'.

Be mentally prepared to see the 'Dark Side' of friends and people you know and love if A *Failure of Civility* occurs. This will include people you are related to by blood or marriage.

- ***Psychoses will be appearing.*** A few Americans are on some type of drug for psychoses... panic, anxiety and delusionary behavior and take drugs daily for these issues. Some *Catastrophic Events* will disrupt the supply of these drugs and after about 30 days these problems will appear in these people.

Years ago the most dangerous of these people would have been 'committed' to mental hospitals and kept off the streets because of the danger to others from their severe aggressiveness and disorders. We no longer commit these people, but they rely on drugs to be amongst us without harming themselves or others.

An estimated 1 % of the American population have severe psychiatric problems and will be amongst us without their drugs to curtail their disorders. If there are 10,000 people in your town, 100 lunatics of varying degree will soon appear amongst them.

***** **BREAK IN BOOK** *****

Further parts of Chapter 4...

- **Cannibalism.** People will cook, eat the flesh and muscle and drink the blood of *people* when there is nothing else available or as easy to catch like most elusive animals. Your muttering statement of concern... “*What are we going to eat today?*” might be answered with heads that turn to gaze at you... with the thought of you... as their mouths water.

Hunger will drive rational and compassionate people to begin to consume the recently dead and then to progress to killing and consuming the living... for sustenance. People who have a vomiting aversion to the thought of eating their own species will quickly join in with the crowd as it becomes an acceptable ‘norm’ in these deviant groups.

***** **BREAK IN BOOK** *****

Chapter 5

5-Why Stand in Place?

For the majority of Americans, the equipment, location, retreat and resources to leave a populated area for a remote, less populated area, is beyond the possibility of most individuals.

There are far more resources in your neighborhood than you will have trying to re-establish yourself miles away ‘who-knows-where,’ amongst people you may or may not know. With little expense per neighbor, your effective protection will be greater because of your resources and the Strength through Numbers that you and your neighbors will have where you Stand in Place.

There is more safety for you in the Strength through Numbers of your neighborhood cooperating for their common protection than trying to “Go Remote.”

A *Neighborhood Protection Plan (NPP)* is the preparation by your household, in cooperation with your neighbors doing likewise, for protection and survival within your neighborhood. Such a plan will drastically increase your chances of surviving a *Crisis* or *A Failure of Civility*.

Neighborhood Protection Plans across the country can keep the total destruction of America from occurring after a worse case Catastrophic Event.

If trouble develops, you think... “*I’ll just grab my shotgun and stand by the front of my house and I’ll blow anyone away who tries to hurt my family or loot my house!*”

The Authors would place bets on your outcome in the long term. Or maybe you and a bunch of the neighbors can do the same... but over a period of time, you’ll find your ‘cooperative protection’ will all fall apart.

When you understand the number of people it takes, the organization and preparation involved with defending even a small neighborhood, you’ll understand why you need to read this book and why we present this method of setting up your *Neighborhood Protection Plan*.

***** **BREAK IN BOOK** *****

More of Chapter 5...

Questions the *Primary and Secondary NPP Leaders* must answer first before proceeding to use your neighborhood for your *Primary NPP Location*

- ***Is there a water source?*** *You have to evaluate this first.* Read our information on *water in Chapter 12 first* to help you evaluate this issue. Water sounds like an inconsequential item until... you don’t have it... have to transport it... and have to make it suitable for consumption or hygiene use.

Without a water bore hole or open well inside your NNP or a water source close by you do not have a sustainable neighborhood for a *Long Term Neighborhood Protection Plan* and must look at another area. This is especially difficult in metropolitan areas. You need a lake, reservoir, river, stream or other *water source that you can depend on year ‘round*.

*We warn you not to base the **long term sustainability** of your NPP on rain water or snow being sufficient.*

You cannot depend on rain water or snow to provide you with a sufficient amount of water in most areas. Rainfall can be infrequent and it takes an incredible amount of snow to make a gallon of water. Water is difficult and complicated to transport long distances and store. Any water source too far away will be impractical.

The following exercise is just one of the many issues you will have to calculate and give thought to so your entire *Neighborhood Protection Plan* is practical, feasible, sustainable and *proactive*.

Start doing calculations and thinking over issues like this...

Even though this exercise relates to water... we suggest that every aspect of your NPP be put to the test of an exercise like this.

How do you determine how far away is too far away for water? Haul some water! Do a *water run*. You can't rely on vehicles operating. Have a Group Member transport water in containers for that distance because that's how you'll probably be hauling your water... on foot.

Use your *average* physically fit person, not the best fit. Keep in mind the *Triple One Water Rule*... that each Group Member equals ***One Person that needs One Gallon of water for One Day***.

This is the *minimum* amount of water each person needs daily without consideration for rehydrating foods, bathing, toilet hygiene, tending to medical needs, etc. You really need to count on *one and one half to two gallons* per person per day being your minimum requirement for comfort, but we'll use one gallon for this exercise.

Water weighs approximately 8 pounds per gallon... which means if a group member carries 5 one gallon containers in a backpack... that's 40 pounds of water per Group Member plus their weapon and ammunition. That amount of water will provide the minimum for 5 people for one day.

This means that 20% of your Group Members will be transporting water and another 20% of your Group Members will be along to provide armed protection if you are doing this properly.

Also keep in mind that if there's a blizzard, rainstorm, freezing cold or scorching hot day, you will still have to haul your water supply.

This also means that 40% of your Group Members will be consuming more calories of food to accomplish this absolutely necessary task. If you have plenty of food to go around this will not be an issue... but if you don't, it will.

Even basic movement when the human body is undernourished is overwhelming except for the most physically fit... but even those people will eventually have exhaustion problems.

Further, making anything routine in a combat environment is dangerous. Making guard changes at the same time, conducting Perimeter Patrols at the same time and on the same route or going in the same direction are dangerous... your enemy can predict your next movement because you have revealed it to him in advance... like your daily *water run*.

This is especially dangerous where you're outside and away from your *NPP* Protective Perimeter. Issues like transporting items such as water over the same route and doing it daily will certainly get your *NPP* attacked or your Group Members on *water run* ambushed by *Intruders*.

If your Group Members are uniformly and relatively physically fit they can make a round trip in less than two hours, assuming that the terrain is flat and unobstructed.

Your Group Members should be able to make two or more trips a day and with rationing of your supply can build and maintain a water reserve for your *NPP*... but you must start with a reserve.

During the time that your Group Members are outside and away from the NPP on the water run, your defenses may be weak and vulnerable.

Do you have enough remaining people to defend the NPP?

Anytime you go outside your NPP for a task other than patrol or reconnaissance you must provide the people performing that task with a 'Guard Element' whose job is specifically to provide security for those going to fill cars with gasoline, forage for food, hunt for game, etc.

So how far away from your NPP should your outside water source be?

The Authors answer is no more than one mile maximum.

The above exercise is *just one* of the many issues you will have to calculate and give thought to so your entire *Neighborhood Protection Plan* is practical, feasible, sustainable and *proactive*.

***** **BREAK IN BOOK** *****

Another selected section of Chapter 5...

Continuing: Questions the *Primary and Secondary NPP Leaders* must answer first before proceeding to use your neighborhood for your *Primary NPP Location*...

- ***Heating and cooking.*** This is not such a huge issue with Low Rise Residential Areas, but it is with a High Rise Residential Building. Most Low Rise Residential Area *NPPs* in winter weather areas have wood as a fuel source in areas surrounding the *NPP* and most homes in these areas have basements. People can survive most sub zero weather with sleeping bags

and blankets in basements and cooking can be done outside... but still within the *NPP* Protective Perimeter... not so in High Rise Buildings.

- ***Are your neighbors able to defend?*** *You must evaluate this.* Are the majority of your neighbors *Dependent Persons* who need medicines and medical supplies to sustain their life or are invalid? The fitness level of your neighbors must be sufficient enough to fight with firearms and to train by the tactics in this book and fulfill the duties outlined here.

Each armed person who is involved as a Group Member must be able to walk the area of your neighborhood and man a Guard Post. We will outline the requirements of Guard Posts in *Chapter 6, Area Tactical Protection for a Low Rise Residential Neighborhood*.

- ***Do your neighbors have weapons?*** *You have to ask each this question.* Is there at least one pistol, one rifle or one shotgun per household, preferably per person? If they don't have, can't afford, or won't have firearms, you again must look for another neighborhood.
- ***Do neighbors have the financial capability?*** *You have to ask them.* Are they able to buy and store food, water, and the limited medical supplies and ammunition for each individual weapon and share in a small neighborhood cooperative protection fund for the communications and specialized equipment needed?
- ***Your home is your home... but?*** Is your neighborhood defensible? *You have to estimate this by the guidelines in this book.* You have to evaluate what kind of existing Protective Perimeter you have versus how much effort will have to be made in constructing defenses to make it defensible.

Is your house bullet resistant or is it like a cardboard box? What are the houses constructed of... stucco, brick, wood.... what type of roof... can your roof or house be easily set on fire? Do you have block walls or fences around your home or no walls at all?

Are there great distances between a small numbers of homes? Is there a multi story building or anything of height next to your neighborhood from which *Intruders* can shoot down into your neighborhood or observe your *NPP* strengths and weaknesses?

Are there too many underground sewers, utility and water drainage corridors which *Intruders* can use to get into your *NPP* unseen from the outside? Are there too many to block off or monitor?

- ***Excess supplies and equipment.*** Do you have a location within or close by outside your *NPP* where you can hide or bury your excess supplies and equipment beforehand to retrieve at a later date if you have to make an *Emergency NPP Relocation*.

***** **BREAK IN BOOK** *****

A little more of Chapter 5...

5-Worst case scenarios in forming a NPP, farms and ranches

What do you do if...?

There are only a small number of neighbors for a large area to defend, you are in a small rural town or you are on a rural farm or ranch.

Understand that many of these small towns are not that far from large metropolitan areas and roving gangs, once they have looted everything in the city, will travel in search of necessities... they will eventually make their way out of the cities and will show up on the doorstep of these towns.

Answer... Consolidate as many people as you can get into the most defensible house or houses in one area or the most defensible farm or ranch building of in the best defensible area. A small town is just a *Neighborhood Protection Plan* expanded... hopefully with the encouragement and assistance of the city fathers and law enforcement.

A farm or ranch, even though remote, will sooner or later be attacked in force if A *Failure of Civility* occurs and especially if it becomes long term or permanent. Count on that.

Farmers and ranchers will need to band together in a common location, choosing the most defensible farm or ranch area to defend or move into their closest smaller town with an *NPP* program. You will need *Strength through Numbers*. Even the best trained Special Operations Soldier cannot defend as an individual.

If you decide to form a defense of your farm or ranch, this may require people to move into one or two homes or buildings that are the easiest to defend. Understand that you must have the *Strength through Numbers* to defend your house, farm or ranch... put the macho attitude aside... you cannot do it yourself.

If your NPP consists of one or two houses or buildings it is critical that you employ as many Outflanker Marksmen as you can. Cover every possible approach area by which Intruders can attack your NPP house or building. Firing on attackers from 200 or 300 yards after they're near or at the front of a house and they can't determine where the fire is coming from is a powerful proactive tactical maneuver.

Watch not to create Friendly Fire Incidents.

Friendly Fire Incidents happen when the weapons fire of one or more Group Members kill or wound their own Group Members by accident.

If your neighbors aren't interested in defending themselves and you still want to stay in your property, you can fortify your home and defend it. Consider this only if you have enough Group Members to adequately defend your home or homes. Find people that to the best of your knowledge and instinct you can trust.

The most defensible home or buildings can be simply a house, or houses, that are specifically heavily fortified and have the majority of your food, water, ammunition, and provisions. Preferably two houses or buildings constructed of brick or predominantly non-flammable materials should be heavily fortified that can give each other Supporting Fields of Fire.

***** **BREAK IN BOOK** *****

More yet of Chapter 5...

5-Fire fighting and prevention in your *NPP*

The defense of your *NPP* must be *a total concept* and all areas of protection must be considered... and of great importance is the threat of fire. Fire spreading during *A Failure of Civility* is an extremely high danger and your *NPP* must be prepared to deal with fire just as you prepare for any hostile actions taken against you by *Intruders*.

During a Long Term Crisis or A Failure of Civility, fire will be a drastically greater threat to you, your family and your Neighborhood Protection Plan than during Normal Civility for two reasons...

One... during the *Area Emergency* after a *Catastrophic Event*, all emergency services including your fire department will be overwhelmed. If the *Area Emergency* progresses to *Long Term Crisis* or *A Failure of Civility*, your area fire department may be crippled in fighting fires because of a shortage of personnel, lack of functioning vehicles, lack of fuel for vehicles or absence of water to fight fires with... or your fire department may completely deteriorate as a functioning unit in the worst case scenario.

Two... after a *Catastrophic Event* that causes natural gas, electricity and water services to cease functioning and especially if the *Area Emergency* progresses to *Long Term Crisis* or *A Failure of Civility*... you will be relying on open fire more than ever to cook and keep warm.

Most of these heating or cooking fires will be in makeshift containers... and in places that a fire should have never been... and around flammables and other materials that simply catch on fire. Fireplaces... mostly wood burning and those more decorative than safely functional... that have seldom been used for that purpose before... will be used for heating and cooking.

Do not attempt to use your natural gas or decorative fireplace for cooking or heating by burning wood or anything else in them... you will burn your home to the ground by doing this. *All fires should be...*

***** **BREAK IN BOOK** *****

...and a final part of Chapter 5

... removal of all potential flammables for a fire on the outside of your structures... you must also consider the inside of the structures.

When making your defensive positions within a structure, remove anything from the surrounding areas which can easily catch fire from muzzle blast.

Remember the total concept of your *NPP* is “*Safety and Protection*” and fire prevention and fighting is a part of that. Your LOP, Marksmen positions, Guard Posts and *Roving Guardians* must be especially alert to...

***** **BREAK IN BOOK** *****

Chapter 6

***** **BREAK IN BOOK** *****

A selected part of Chapter 6...

If you can't occupy High Ground close to your *NPP*, you have to deny it to the enemy. The most plausible way to do that is with your Marksmen. They must be able to eliminate any attacker that attempts to use High Ground to their advantage and to your *NPP*'s disadvantage.

Your Marksmen must be able to swiftly and surely direct deadly fire on any area of High Ground that your *NPP* does not occupy.

If you ever have to attack High Ground or are subjected to an attack from High Ground it will give renewed meaning to you of the saying “*It was like shooting fish in a barrel*”... that is... if you survive.

The Vauban Star Architectural Principle for Defensive Perimeter Fortifications was used as the ultimate in fixed defensive perimeter fortifications in its day. It was named after the military engineer for King Louis XVI of France, even though the original design was not his.

We're showing you a diagram of this because it's such a graphic example of the principle of defensive perimeters that have Interlocking Fields of Fire and enables the use of Supporting Fields of Fire, which we'll cover next.

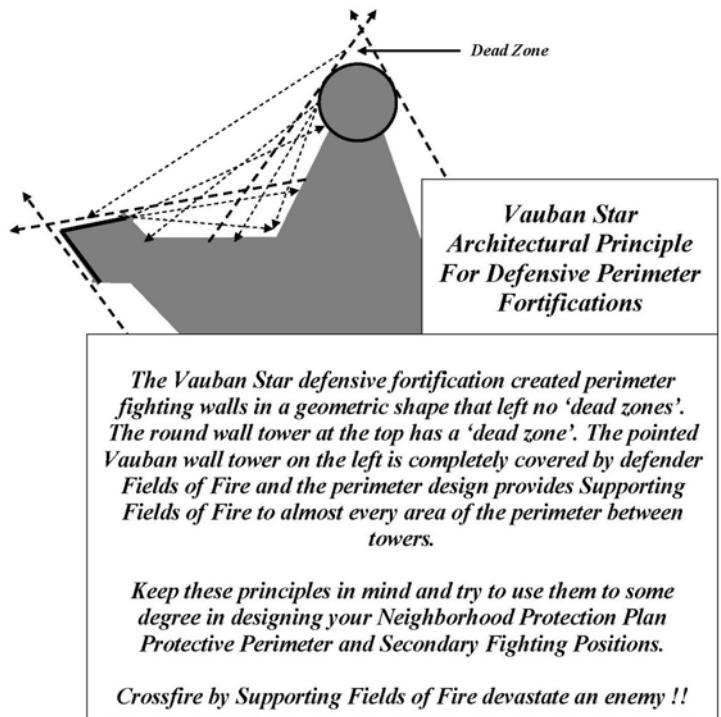
This design also enabled every portion of the Protective Perimeter to be covered by one or more Fields of Fire. These fortifications were built with numerous numbers of point configurations and some even in layer upon layer... like stair steps... of layered fall back fighting perimeters.

The points on the Vauban wall tower were a replacement for the round wall tower which had a 'dead zone' outside it. We show a round tower with 'dead zone' and a Vauban pointed tower that left no 'dead zone'.

We're showing you only two points of a five point pentagon Vauban fortification because we forgot what our high school geometry teachers taught us and we've found that it's too danged hard to draw the whole thing... and not make us look like kindergarteners.

Regardless of the number of points, all areas of this Protective Perimeter were geometrically configured to eliminate perimeter 'dead zones' and to have Interlocking Fields of Fire that created Supporting Fields of Fire. From an aerial view the entire fortification would look like a 'star'... hence the name.

All areas outside the Perimeter are subject to Fields of Fire and Interlocking Fields of Fire from the defenders and almost all areas are subject to Supporting Fields of Fire.



If you do not have a Protective Perimeter that gives strong divergent angles of Supporting Fields of Fire from the perimeter areas, investigate the possibility of a wall or structure outside your NPP that can be used as Cover for the 'B' component of Supporting Fields of Fire as shown in the 'L' Shaped Ambush diagram.

This 'B' component can be your Response Guardians.

Your NPP Protective Perimeter will not look anything like the Vauban Star. However, not all NPP Protective Perimeters will be circular or rectangular in shape. You may have part of your

perimeter be an 'L' or 'Horse Shoe' shaped perimeter which will give you the advantages of Supporting Fields of Fire without going outside of your *NPP*.

If you are so fortunate as to have this type of perimeter around your *NPP* Protective Perimeter that allows you to have two or more firing positions *within* your perimeter at right angles to where an *Intruder* would be so unlucky to find themselves, you must use this. *This gives you a tremendous advantage over an attacker.*

You must create the illusion that...

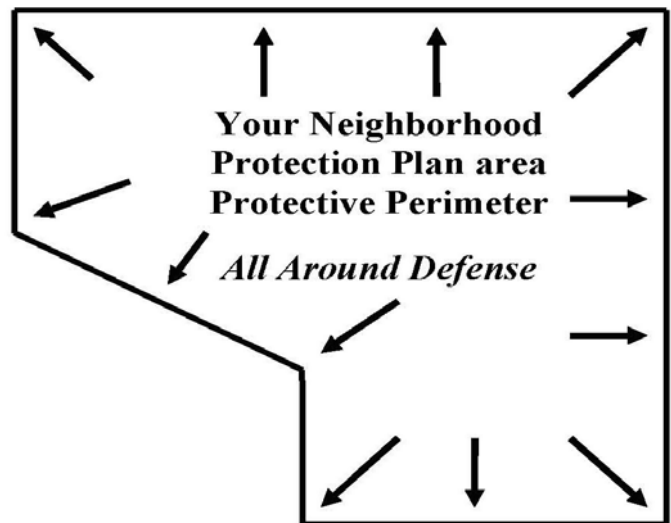
***** BREAK IN BOOK *****

More of Chapter 6...

Your *NPP* Protective Perimeter must be determined by looking at *all three dimensions*... the dimensions of *width* and *length*... but also the dimension of *height/depth*.

Imagine standing in the middle of your *NPP* and doing this... looking *North*, along a North-South line to see your *First Dimension* of your *NPP*, that's the 12 through 6 o'clock position. Now you turn 90 degrees and look *West* along an East-West line to see the *Second Dimension* of your *NPP*, that's the 9 through 3 o'clock position... those two make the width and length of your *NPP*.

Now, still standing in the same place, look up 90 degrees into the sky along an imaginary line from deep in the ground coming out of the surface and continuing up to the sky... now you see the usually forgotten *Third Dimension*. Not just up... but down.



Many defense plans fail to take into account the *Third Dimension*...

What's under ground is commonly ignored when forming defenses... underground passages.

What's above ground is commonly ignored when forming defenses... above ground room to room movement in or movement on buildings.

Whole armies have been stopped dead in their tracks or defeated by enemy attacks utilizing underground and above ground concealed travel. One of the best examples is both the Russian and German use of underground sewers, utility corridors and room to room movement above

ground to outflank and destroy units of their enemy in Stalingrad during that epic battle in World War II.

Underground Passages. *Underground passages are more of a disadvantage to the defender than the attacker.*

In large cities, underground, or subterranean passages include underground garages, walk-way passages, subway lines, utility tunnels, sewers, and storm drains. Most of these allow people movement through them.

Underground passages almost take the form of the mythological Trojan Horse... *they provide a way for the enemy to get inside your NPP* without being seen, heard or firing a shot... until they're standing right behind you like the Boogie Man.

Even in smaller towns, sewers and storm drains may permit defenders *and* attackers to move beneath the fighting to surface behind their enemy. Knowledge of the type and location of underground facilities and above ground building routes of movement is of critical value to both the attacker *and* the NPP defenders.

6-Outside features your NPP Protective Perimeter must have

The outside of your Protective Perimeter should have these features...

- ***Overlapping Fields of View*** from Guard Posts that see the entire Protective Perimeter.
- ***Clear Fields of Fire*** around the Protective Perimeter and as far out as possible. Remove anything that obstructs this and gives Cover or Concealment to the *Intruder*.
- ***Interlocking Fields of Fire*** that cover the entire Protective Perimeter.
- ***Supporting Fields of Fire*** that cover as many areas of the Protective Perimeter as you can.
- ***Field of Fire surfaces difficult to move on.*** Place rubble that is hard to walk or run on but gives no Cover. Install Punji trenches, Abatis' or downed trees or string Barbed Wire or Concertina Wire and alert devices around your perimeter. See *Chapter 8*.
- ***LOPs.*** Depending on your neighborhood layout, one or more high elevation Listening Observation Posts (LOPs) that can see the entire Protective Perimeter or the area of the adjoining Protective Perimeter and the most likely approaches to the perimeter.
- ***Marksmen Positions.*** Depending on your neighborhood layout, one or more high elevation Marksmen positions that can see the entire Protective Perimeter or most of the area adjoining the Protective Perimeter and the most likely approaches to the perimeter.
- ***Outflanker Marksmen Position.*** It is crucial that you have at least one *Outflanker Marksmen* position. That is Marksmen *outside* the Protective Perimeter that can aggressively and precisely fire on *Intruders* around the Protective Perimeter, especially the main approach and can accurately fire on *Intruders* who get inside your Protective Perimeter.

- ***Hold the High Ground.*** If you have High Ground adjoining your *NPP* and it is not part of your *NPP* Protective Perimeter, Marksmen must be able to fire on it to deny the enemy the use of it.
- ***Combined LOP and Marksmen positions.*** If you have enough qualified Group Members and radio communications we recommend one or more *combined* LOP and *Outflanker Marksmen* positions in high vantage points *outside* your *NPP*. These can be extremely effective in alerting your *NPP* to threats and the *Outflanker Marksmen* positions can act as a counter-sniper to eliminate...

***** **BREAK IN BOOK** *****

Further reading of Chapter 6...

Range Cards are simple stakes or landmarks set out to give a defensive position the distance to a point in their Field of Fire, such as 100 yards, 200 yards, etc.

They can also be used in the multiple roles as Limit Stakes to define the left and right limit for a defensive position's Field of Fire.

The Authors do not believe in Range Cards with the exception of their use for the Marksmen positions *inside* and *outside* the *NPP*.

Range Cards are beyond practical usage for most Low Rise Residential Protective Perimeters because of the inadequate distances between most properties and the limited training Group Members will have.

The Authors do, however, believe that Limit Stakes, defining the left and right limit of each Guard Post's Field of Fire should be used to give some fire control discipline to each Guard Post. Guards should not be shooting at *Intruders* outside of these Limit Stakes unless a Guard Post is in danger of being overwhelmed.

Further, the Authors are great believers in 'Barbed Wire' and especially 'Concertina Wire' also known as 'Razor Wire'. Barbed Wire and Concertina Wire are cheap, easy to use to restrict entry into areas with and gives an *Intruder* no Cover or Concealment.

You can get Barbed Wire at most building supply or farm supply stores. You will need heavy leather gloves to place Concertina Wire and Barbed Wire.

Barbed Wire or Concertina Wire are great obstacles to *Intruders* and can be used to define areas and create obstacles in each Guard Post's *Field of Fire*. Concertina Wire is made for this purpose and can be purchased for about \$80 a roll through the internet for enough to cover 50 lineal feet.

Concertina Wire has the added advantage over Barbed Wire that it will stand on its own... you don't have to string it over anything to keep it up off the ground. 50 lineal feet is enough to cover one entry/exit area of most subdivision streets.

6-You're in a Long Term Crisis... Mid Alert procedures to institute

The Crisis has deteriorated to a Long Term Crisis. Your NPP Protective Perimeter at this time should be on a 'Mid Alert' footing and you need to institute the following...

- Leaders should call all Group Members together. Brief them and post all Group Members to their positions.
- If you have radios, assign one radio to each *LOP Guardian*, one radio to each Marksman, one radio to each *Alpha or Bravo Guardian* at their Guard Post, one to the *Patrol Guardians* group, one radio to the *Roving Guardians* group, one radio to the *Response Guardian* group, one radio to each *Runner Guardian* and one radio for the *Caretaker Guardian*. *Reserve Guardians will be in the Watch Center and will use the radio of the position they have to relieve.*
- Heighten Fire Watch Procedures
- Increase light and sound discipline.
- Dress in casual civilian clothing *with* armbands. Dress in civilian clothing colors that match or are similar to the major color scheme of your environment. Do not overtly display weapons except at your Entry/Exit Control Point and within your *NPP*.
- Keep the Watch Center active 24 hours a day monitoring radio stations and radio traffic and providing *NPP Leaders* with periodic briefings and notifying them immediately of items importance heard on police scanners and radio communications.
- Start your Watch Center child care to free up Group Members for their duties.
- Man your Guard Posts with the exception of your *Outflanker Marksmen*.
- Increase inside Roving Guard activity and start the Patrol Guards on perimeter check.
- Blockade all entrances to your *NPP* with the exception of your Entry/Exit Control Point.
- Assign additional guards to your Entry/Exit Control Point area.
- Put the coffee pot on... make *lots* of it.

If this is a pandemic, the sick must be quarantined in a home or building away from others if they have infectious disease.

6-Story-"While I Slept"

George Randall could hear his heart pounding in his chest in between his labored breathing... the rapid sound of "ka thump, ka thump, ka thump" filled his ears as he stopped and looked back to see if they were following him.

He was a lawyer by trade. Even though he had never been in the military, he'd saved many a client's life that fate had placed in his hands. He'd brilliantly cut the legs out from most prosecutors in their criminal cases against his clients.

He was the man to go to in this city if you were the accused. Successful with his law practice beyond his wildest dreams, in this mundane task of protecting his neighborhood he had failed.

He crouched down in a ravine outside a burned out subdivision a couple of hundred yards down from his neighborhood... even though the black of night that was slowly turning to the twilight of dawn obscured most of it... he knew it was burnt down.

The fires had raged for over a day in this neighborhood a week ago. They had watched from the entrance of their NPP as mobs came and went from this subdivision beating and killing the homeowners, setting fire to and destroying the neighborhood. His Group Members had killed six of them as they made their way towards their NPP but it was too late for the people of this subdivision... the Intruders had gutted and destroyed their neighborhood.

The drizzle of rain did nothing to stifle the stench, to the contrary it, seemed to make it worse... the pungent smell of burnt bodies and wood filled his nostrils.

That same hell had come to George's neighborhood so quickly fifteen minutes ago. He had hesitated at first when hearing all the yelling and gunfire... and then as he gathered his wits about him he ran from his Guard Post towards his NPP Entry/Exit Control Point. The guards there were gone.

He turned and ran towards the Watch Center just in time to see the muzzle blasts of the mob spewing weapons fire in through the open Watch Center door. He saw Samuel Baskin quickly step out and return fire with his shotgun, taking down two of the attackers before he was shot down. Intruders seemed to be swarming all over the place. He couldn't believe what he was watching.

He'd fired at the Intruders after Baskin went down and knew he'd hit one or two of them. He was out of ammunition. Then every Intruder in the neighborhood seemed to be firing back at him. Four of them started firing and moving towards him. George ran towards his Guard Post.

"Did I fall asleep!?" he murmured as the seemingly odd thought floated through his mind as he frantically made it back to his Guard Post.

Usually posted in pairs at Guard Posts, his guard partner Pete was sick like most in their NPP, so this night he sat alone at his Guard Post. He faintly remembered the brief sound of jingling bells... he remembered thinking he'd seen a shadow move in the distance... then his mind went blank. His failure to remember anything after that plagued him for some moments.

"No... I couldn't have dozed off! I don't remember falling asleep!" he reassured himself.

***Then the thought stabbed at him...** "Those were our perimeter alert system bells!" he said aloud as a pang of guilt shot through him like a knife going into his heart.*

He quickly grabbed his ammunition bag and radio before climbing over the wall and running some distance from the Protective Perimeter.

He should have had his two-way radio headset on and his ammunition bag slung over his shoulder as he was instructed... he kicked himself again as he headed towards the ravine.

He tripped a bunch of alert bells running through the perimeter area and another pang of guilt stabbed at him reminding him of what he'd heard before the attack. His shoes were caked with mud and seemed almost impossible to move as he made his way to the ravine.

He put his headset on and stuffed the radio in his jacket pocket.

He blurted into his radio. "Post 9... anybody... come in!?" He almost yelled into his headset as he frantically called again, "Anybody out there, come in!"

"Keep your damned voice down!" came the angry but muffled reply back to him. It sounded like Jensen. He loathed this guy because of the 'U.S. Army Ranger' sticker on the back window of his pickup truck. George disliked the man because George thought he was a 'commoner'.

"Who is this?" George frantically enquired as the light of now burning houses in George's subdivision lit the sky along with the rising sun.

"Jensen, roving guard. Randall... you asshole... they came in through your section!"

"They couldn't have come through my section!" George responded emphatically.

"We saw them come through! If you didn't see them you were asleep, you prick!" Jensen screamed the subdued, piercing remark into his radio.

"I was awake... I know..." George's defensive but whining statement was cut off by Jensen.

"Shut up and get your ass over to the Entry/Exit Control Point. We're rallying everyone left to clear these bastards out of the neighborhood!"

A sense of urgency started to dissipate the fear of death that had overwhelmed him... a fear for his wife and child. "I've got to get back there... Jennifer and George II are in there!"

"God... please let my family be alright!" he cried to the powers for relief. He quickly made his way down the road to the Entry/Exit Control Point amidst the noise of gunfire, screaming and now raging fires in two of the homes of their neighborhood.

The sun was coming up as he approached the Entry/Exit Control Point.

"I'm coming up on the Control Point by road! Don't shoot!" he said nervously over the radio as he sighted the first of the group.

"Okay... everyone form a sweep line... move cover to cover. Make sure you're not firing at any of ours!" Jensen instructed everyone as he glared at George and pointed for him to get in line but saying nothing else.

"Tommy, we're sweeping the neighborhood starting from the Entry/Exit Control Point. Adjust your fire accordingly!" Jensen barked into his radio as the line began to cautiously move forward.

"Roger that!" came Tommy's cryptic answer.

The repetitious barking fire, from their Marksman Tommy and his .308 rifle, could be heard in a steady rhythmic fashion "boom, boom, boom." George and the others knew with every report from his rifle an intruder would fall to the old Korean War sniper. George had watched this guy accurately hit targets one after another at the range that George could barely make out with the naked eye.

The continuous and deadly fire from Tommy had killed many and demoralized most of the rest of the attackers. George saw the bodies of fallen friends and neighbors amongst the attackers as they swept through the area taking their neighborhood back.

"This is my fault!" he screamed to himself as he viewed body after body of the people he'd been responsible to protect. As calloused a man that George had become at his age, it affected him deeply seeing what he'd let happen.

But sheer trauma flooded George when Jennifer walked out of his home holding the lifeless body of their six year old son.

The sight tore George apart inside as a wailing animal sound bellowed from George and filled the air on this bright sunny morning.

6-Guard requirements and procedures

The danger of a sleeping guard. As a Special Operations Soldier stated his modified quote long ago...

“We sleep safe in our beds because rough men stand watch as our guardians in the night to visit violence on those who would do us harm. A soldier must seize every advantage to defeat his opponent. He must strike swiftly and strike hard... he who dares... wins. But under all circumstances those guardians must stand ready to protect the innocent and those too weak to defend themselves...”

Go over the words again... *“We sleep safe in our beds because rough men stand watch as our guardians in the night to visit violence on those who would do us harm.”* A sleeping guard can get everyone killed!

*The weak... the strong! Your NPP safety depends on **each** person guarding these people and **each** understanding their commitment of...*

...NOT ON MY WATCH!!!!!!!!!!!!!!!!!!!!

“But under all circumstances those guardians must stand ready to protect the innocent and those too weak to defend themselves...”

A sleeping guard can get everyone killed!

Don't ignore any alarm... because the first rule of alarms is... that there is no such thing as a false alarm! You've heard the fable of *“The Man Who Cried Wolf.”* Keep *JDLR* in mind if you have false alarms on any security issue.

Successful defeats have occurred by an enemy 'disarming' the alert mentality of a defensive position by repetitiously creating false alarms and then going in for the kill with the Element of Surprise.

To set up an effective Protective Perimeter guard, you must have guards at intervals by which they have Overlapping Fields of View of the entire Protective Perimeter with no 'dead spots' that they can not see.

In the ideal scenario, manpower permitting, we recommend two guards per position to ensure alertness and to help each other stay awake. Two sets of eyes and ears are always better than one. At the bare minimum your roving guard should be at least 2 Group Members.

Routine will get you killed. Routine procedures in a combat situation are dangerous. Making guard changes at the same time, conducting Perimeter Patrols at the same time or on the same route or going in the same direction are dangerous... your enemy can predict your next movement because through repetitiveness you have revealed it to him in advance.

This is especially dangerous where some of your Group Members are outside and away from your *NPP* Protective Perimeter. Vary your times, your formations, your procedures, the Group Members you use, the direction of your travel and the path you travel. In some situations it's *good to be late... or early*. In some situations it's good to *walk off the beaten path*.

If you have enough guard personnel 2 *hours* should be the limit of duty per Group Member per night or day. If not, then you may have to have guards do 2 hours on duty... sleep for 2 hours... and then 2 hours back on duty.

Other Guard Issues. Take these items into consideration with your Guard Posts...

- Guard Posts should be viewed from the outside to check their effectiveness... and Concealment and Cover.
- You may want to erect some form of shelter that doesn't stick out like a 'sore thumb' as visible from the outside as just that... a guard position.
- Use second story windows or roofs for perimeter Guard Posts when possible.
- Keep out of the light area of a window visible from afar. In doing so it narrows and restricts your field of observation and fire but entices an enemy to expose themselves if they don't see a guard presence.
- Coughing and sneezing will reveal Guard Posts. If you have a guard that's sick put him in an indoor position such as helping in the Watch Center until he gains his health back.
- Extreme cold also will reveal positions from exhaling breath vapor. Place scarves or masks over mouths to control this.
- Cigarette smoke, humming a tune, steam from a cup of hot coffee, farting, the reflection from eye glasses, rifle scopes and binoculars, movement and unnecessary noise will reveal your Guard Post.
- Sound travels much further at night as it does during the day and way further across open bodies of water at night. Remember being at the lake and hearing someone put their oars in a boat two miles across the lake. Keep quiet so you can hear your enemy make the noise.
- Establish covered or routes to and from Guard Posts that are concealed if possible.

Your NPP will not be worth the paper the plan is written on if you aren't effectively and aggressively guarding your NPP 24 hours a day, 7 days a week until Normal Civility is restored. Now go back and read the story "While I Slept" again.

6-Denying access to your *NPP* by psychological barriers

Solar Powered Security Lights. These are relatively cheap if your *NPP* can install these. Solar Security Lights can be placed around your Protective Perimeter and either manually controlled or activated by motion detectors.

However, if you install these they can't be going on and off inadvertently without a real threat. If they do, they telegraph your position to potential *Intruders*. Security Lights must be in a 'dead area' of motion so they are not set off by accident or 'back light' your Guard Posts.

Canines... Man's best friend. Dogs are one of the best Protective Perimeter psychological and alert aids you can have. An alert dog can sense trouble before a human and if there is a *Crisis* dogs usually have a heightened sense for danger and will be ever more alert and perceptive.



Mrs. Pumpnickel's 5 star poodle may look nice, but ***Solar Powered Security Lights*** that's not what you want for this mission... eat the Pumpnickel's dog. Get a proven security dog.

Get a large, calm and confident security type dog... a Doberman, German Shepherd type. Don't use Rottweiler's. The Roman Legions trained thousands of Rottweiler dogs prior to one epic battle... they loosed them towards their enemy prior to engaging mano un mano on the battlefield... only to find the Rottweiler dogs got confused half way to the enemy, turned around and came back to tear a few of the Roman Legionnaire's throats out before they killed them all.

Dogs can hear along a much broader spectrum of sound than a human can. Their sense of smell is so acute they can smell the adrenaline oozing from the skin of strangers. An aggressive dog is very intimidating to an *Outsider* whose intent is dangerous.

Remember the 'Terminator' movie where dogs were used at guard entrances to be on the lookout for 'People of Austrian descent who lift weights and have become naturalized American Citizens and elected the Governor of California.' If their sensory perception and discrimination is *that acute*, they can certainly verify your people at your Entry/Exit Control Point and sense some threats to you.

We suggest the most widespread use of dogs possible.

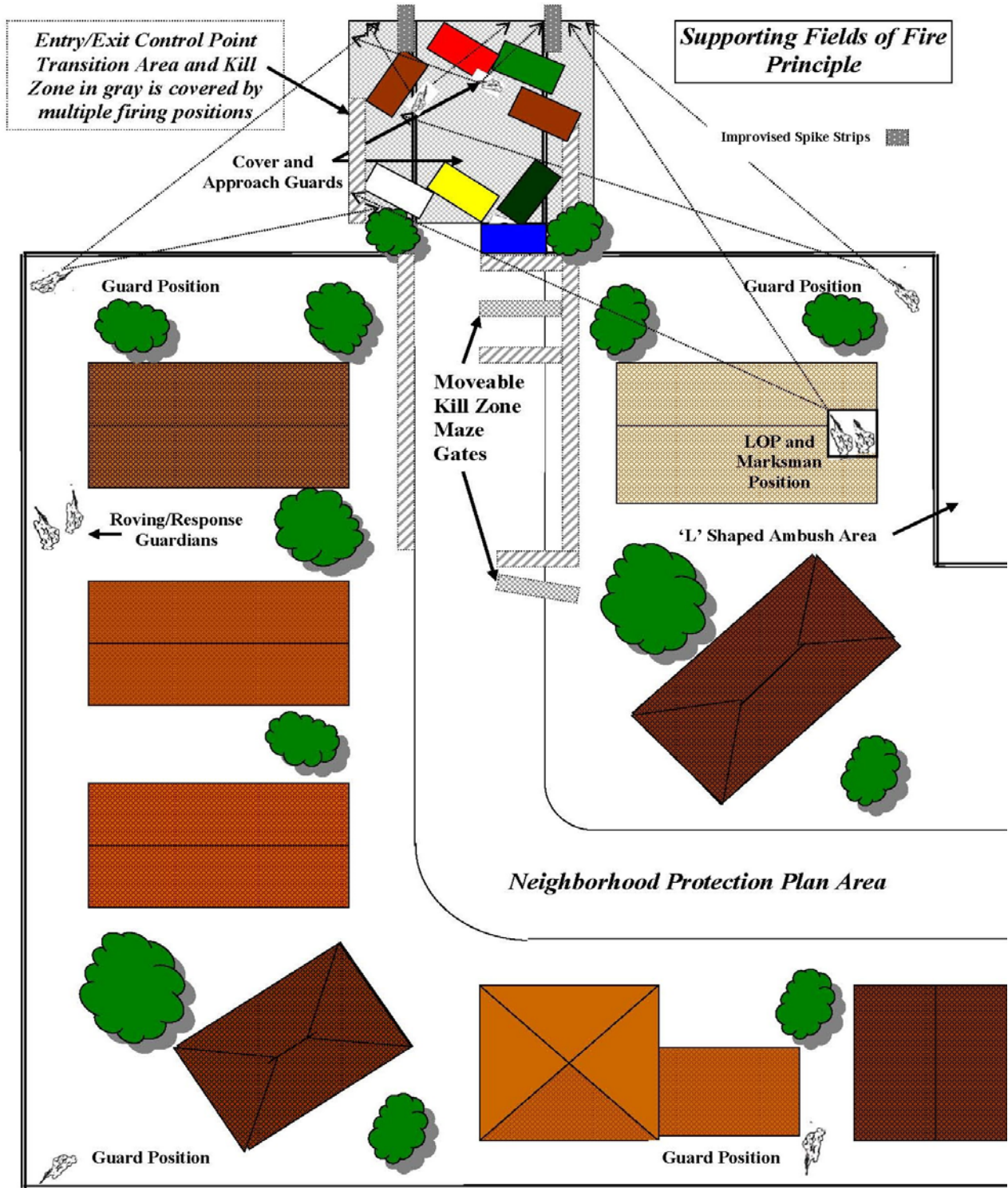
Use dogs at your Entry/Exit Control Point, with Guard Posts, with the *Patrol Guardians* on Perimeter Patrol and with the *Roving Guardians* on inside patrols. You did stock up on food for Rover... didn't you?

Kill Zones. A politically correct term for this is Engagement Area or EA to the military. However, we don't mince words in describing what this is for, because semantics aside... it is an area in which you can have a 'Turkey Shoot' and effectively kill your *Intruders* with little or no loss of *NPP* Group Members. *It is a killing zone.*

A Kill Zone restricts movement of your enemy and gives little Cover or Concealment to them while enabling you to pour withering fire into them. Your Entry/Exit Control Point should have Kill Zone areas and your *NPP* should have Kill Zone Mazes set up any place you think your perimeter can be breached or any area that makes a good Kill Zone Maze.

A Kill Zone Maze is the exception to keeping *Intruders* out of your perimeter and leaving a path for them to escape by. You let them into an area by leading them believe that they've overcome your defenses... but you have them in the area you want them to be in... then you eliminate them.

The tactic is to allow Intruders partially into your NPP... into the Kill Zone Maze.



This is particularly useful when you are outnumbered by *Intruders*. A Kill Zone Maze will give you a Force Multiplier Effect and will put *Intruders* at a *severe* disadvantage. It will give new meaning to the term “*Like shooting fish in a barrel.*”

Creating and using a Kill Zone Maze must be done properly. A Kill Zone Maze inside your...

***** **BREAK IN BOOK** *****

Chapter 7... High Rise Building defense

***** **BREAK IN BOOK** *****

The element of height works to your advantage if your Protective Perimeter is fortified properly. This is the principle that made the medieval castle extremely defensible... high defensive walls with the defender far above the attacker on the ground.

Like the real estate saying “*Location... Location... Location...*” many survival experts think you’re dead before you start to formulate a plan to defend yourself if your location is in a metropolitan High Rise Building or in the big city area period.

The Authors do not agree with this belief. We do believe that you would be better off in a suburban setting, but there are aspects of a High Rise Building that make it more defensible than a Low Rise Neighborhood... *if you can find a water and a heat source or underground area for winter survival.*

Because of these differences, the Authors have divided *Area Tactical Protection* into two separate chapters... the Low Rise Residential Neighborhood and the High Rise Residential Building.

These types of buildings are commonly found in our inner metropolitan cities. We’ll refer to this type of building as...

***** **BREAK IN BOOK** *****

More of Chapter 7

7-Bring the maintenance and security people and their families into your NPP

This is vital to the success of your *NPP* in a High Rise Building. If it is possible, bring your maintenance man and his family on into your *NPP*. If you have a private security firm controlling access to your building, you want to invite their employees who work in your building and their families to move into your building and be part of your *NPP* if a *Catastrophic Event* occurs.

If you believe that during a *Long Term Crisis* which begins to turn into *A Failure of Civility* that these people will stay on the job, think again. They will be with their families. No one knows your building better than these people... not even you, Mister and Misses resident.

This will be as good or better than the Christmas present you gave to them last year... or didn't if you were a cheap skate. Don't look at them as more mouths to feed... look at them as people to help you defend your building. You need these people!

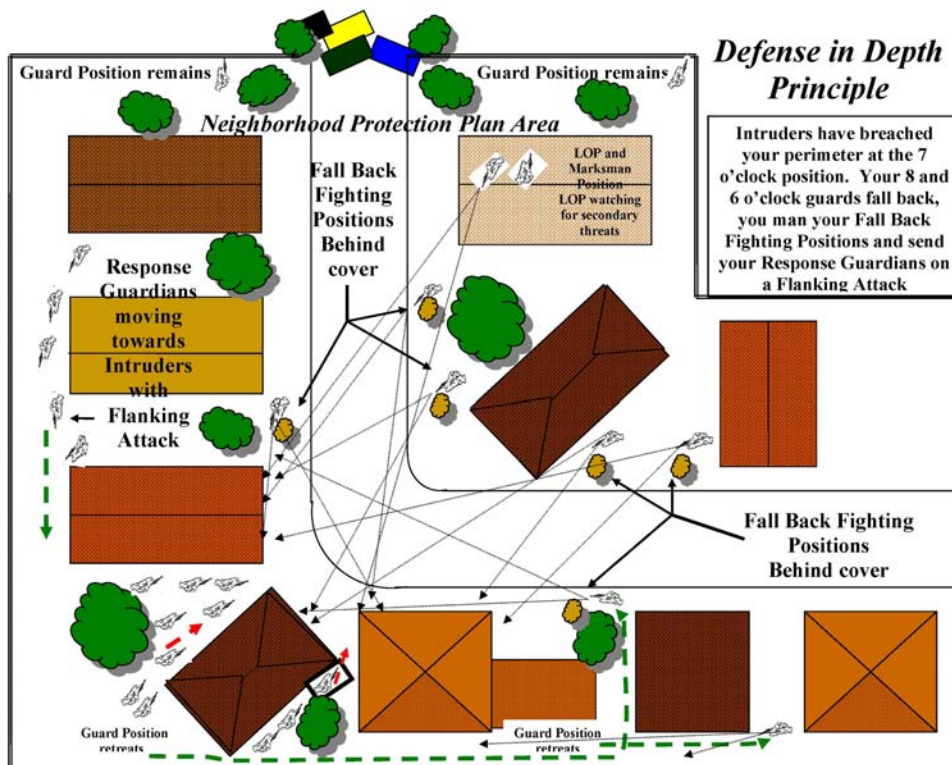
7-Passive Response will get you killed-You must be Proactive

Cover and Approach. Read about this issue in *Chapter 6* to keep your Entry/Exit Control Point guards from getting killed.

7-Building Assessment Exercise Two

In the next photograph, imagine you live in a single stand alone High Rise Building. ***Look at this photo as we're going to 'walk along side you' in assessing the obvious points of your Protective Perimeter that you need to be concerned with...***

- ***Get your maintenance man and his family*** to join your *NPP* and to move into your building during a *Crisis*, a *Long Term Crisis* or *A Failure of Civility*. If your building doesn't have one, find the person who has the most knowledge of your building to help you in your assessment. Always have more than one person on your survey. Two or more heads are better than one in evaluations like this.
- ***Upon the occurrence of a Long Term Crisis secure all water and ration it.*** If water is still available, sources of reserve water for your *NPP* are... water heaters, toilet tanks, a roof water reservoir if your building has one, filling bathtubs and all available containers.
- ***Look at the lower left corner of the building***, the doorway leading to the exterior stairway. This door needs to be permanently chained or fastened closed *from the inside*. This must be done from the inside in a fashion that can be quickly undone incase you decide this exit will be an escape route. You must have padlock keys or wrenches positioned next to the inside of the door to loosen bolts should you need to escape through this door.



***** **BREAK IN BOOK** *****

Chapter 8...

***** **BREAK IN BOOK** *****

8-Close Quarters Unarmed Combat

Hand-to-Hand situation, also known as Close Quarters Unarmed Combat. We've provided two diagrams of nerve points and vital points of the body. They look more complicated than an electronic schematic and about as understandable as a Chinese road map. We had to memorize these points in addition to practicing endlessly with bare hands and with weapons striking these points until it is a simple reaction movement without thinking. You must do the same.

When in a Hand-to-Hand situation, also known as Close Quarters Unarmed Combat, don't start flailing away with your arms and fists like the school bully Mongo did during his 'windmill' attack on you.

In Hand-to-Hand Combat, the hands *and* feet are what will kill, not the eyes. Keep eye contact with your opponent's hands and feet, not his eyes while you're fighting. There is way too much to put into words here also but we'll give you some basics that you can remember.

Some simple techniques and body points to remember...

The Throat. In a life and death Hand-to-Hand fight the throat is the most vulnerable part of your male opponent's body. A strike to the front of the throat will crush the larynx or 'Adams

Apple', shutting off air to your assailant's lungs... this will kill if a forceful enough blow. Strike with the hand held like a knife sideways, the closed fist straight on or the forearm or the upper arm sideways to the throat. We've seen some big guys go down with this method.

The Eyes. Stabbing in one eye causes both to water. Use your fingers, thumb or weapon. This movement will not kill, but it will cause most attackers to break off their attack on you and partially immobilize them, giving you time to strike vital points on them elsewhere.

The Clavicle. Don't use clubs swinging laterally. Swing down vertically on either side of the neck towards the front of your assailant. Once the clavicle is broken it disables most attacker's use of the arm on that side. Reach up and feel your clavicle. It's that pretty horizontal bone on each side of the neck that makes your wife look so beautiful in an evening gown.

The Top of the Foot. The foot bone structure supports hundreds of pounds from the bottom. However, it supports little weight from the top. Stomp on your assailant's foot just in front of the ankle. You'll break bones in the foot disabling most attackers.

The Knees. Get your assailant down on the ground. Strike the knees and ankles from the front or sides, not from the rear unless you're pulling them backwards at the same time.

Strike One Blow After Another. Like shooting or using a knife you have to repetitiously strike your opponent in Hand-to-Hand Combat. Strike one blow after another rapidly until you 'Stop the Threat.' Make rapid strikes to different vital points and nerve points of the body. Practice saying this while you practice combinations of body strikes..."*One, Two, Three, Four, Five, Six... he's down!*"

The Knife and other Sharp Weapons. Using a knife to kill is not just the action of stabbing... it is the action of...

***** **BREAK IN BOOK** *****

More of Chapter 8...

If the situation and terrain allows... have the sun in your enemy's eyes when patrolling. *Never* move towards the enemy with the sun in your eyes if you can avoid it. The exception to this is if you're man tracking... then you must to have the spoor, or track of what you're pursuing, between you and the sun to properly follow it.

One of the Author's first combat actions was moving towards the enemy with the sun in his eyes... he remembers it *quite* well... but more so for the sound of enemy bullets cracking around his head as they tried to ventilate his skull.

The members of a patrol must remain in visual contact with one another and with the Patrol Leader. That means your head is always moving to scan, not only looking into areas

where threats could be, but also turning to check your other Patrol Members and frequently looking back to the Patrol Leader for instructions.

The position of Patrol Members should be... that the *Patrol Leader can see each Patrol Member and each Patrol Member can see the Patrol Leader at all times.* Patrol Members must frequently turn to look at the Patrol Leader for silent hand and arm signals.



The ‘Y’ Patrol Formation. In our time in the military the simplest and most versatile patrol formation taught us was the ‘Y’ Formation.

It consists of a minimum of four people. There is the Patrol Leader, a Patrol Member and the Left and Right Flankers. This formation can be quickly re-configured to cope with almost any tactical situation you may encounter on your Perimeter Patrol or when away from your *NPP*.

The ‘Y’ Formation gives overall security for each member as well as good observation of the area you’re traveling through.

The Half ‘Y’ Patrol Formation. This formation is used when the ground or vegetation are an obstacle to one of the Flankers or a threat to the group, such as walking through a ravine. Depending on the side the obstacle is on, that Flanker will switch to the opposite Flanker’s side ahead of the Patrol Member and the

***** **BREAK IN BOOK** *****

Chapter 9

***** **BREAK IN BOOK** *****

9-Room Clearing

This may be necessary if you’ve lost control of a home, floor or room of your *NPP* and if you’re checking out your *Secondary NPP Location* building. The military and police use these techniques which have...

***** BREAK IN BOOK *****

A look inside Chapter 9...

Flank, Flank, Flank! We cannot fully convey in words the tactical advantage that will benefit you from *Flanking* movements and weapons fire. This is also referred to as an 'Enfilading' attack. Attacking their side. *Flank your enemy... but always protect your flank from the enemy flanking you.*

One of the most incredible military tacticians for his day was the African Zulu Chief Shaka who developed the famous '*Buffalo Horns*' tactical formation. It is a dramatic example of not only flanking or enfilading movement, but how it was used to encircle and destroy the enemy.

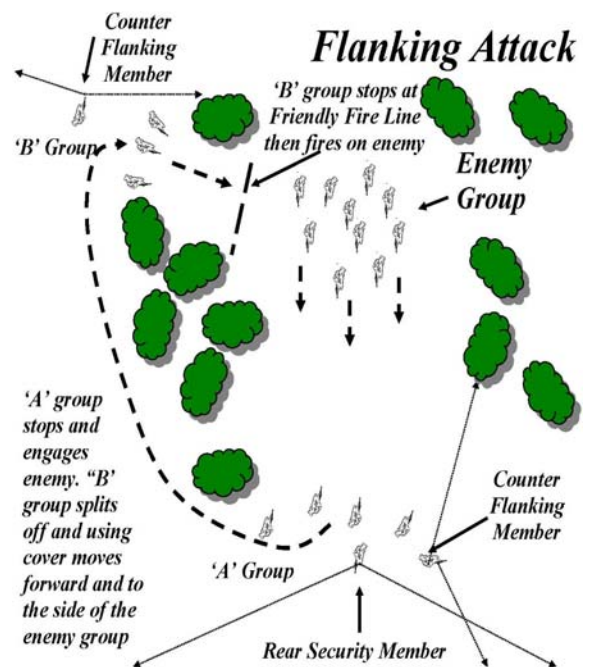
The Buffalo Horns formation used simultaneous flanking movements on the left, right and rear of his enemy which, if successful, fully encircled the enemy force.

Shaka's military units were using short spears, which were not thrown but rather used in close quarters combat, so there was no danger of Friendly Fire Incidents as there would be with firearms. However, variations of this are used in modern military actions and Shaka's formation best illustrates how successful Flanking movements can be done.

Coordination and execution of this plan was by unit leaders who used hand signals and messengers. The scheme was elegant in its simplicity and well understood by his warriors. By executing this movement, Shaka basically created his Kill Zone where he met the enemy on the battlefield.

The Buffalo Horns tactical formation was composed of four elements labeled like parts of a large horned buffalo's body seen from above looking forward as the animal looked. Imagine looking down at a buffalo and visualizing the buffalo's 'Chest' forward of its front legs, the 'Left Horn,' the 'Right Horn' and the buffalo's 'Loins' in front of the rear legs.

The main force, considered the *Chest* of his army, closed with the enemy and then stopped, holding the enemy in position with light attacks and stalling movements. The...



***** **BREAK IN BOOK** *****

Chapter 10

10-The Human Hunter-Predator (HHP)... don't be a sheep

Both Authors have listened to presentations by veteran police homicide detectives that have thoroughly impressed us.

These presentations put into words a simple truth of the interaction between *victims as human prey* and what we have labeled the *Human Hunter-Predator*, or *HHP* for short... *criminals*. These homicide detectives' presentations sounded something like this...

The Human Hunter-Predator or HHP

"Humans are no different than the wildlife in Africa. A human criminal intent on attacking another human will stalk his human prey like a lion stalks a zebra herd. The criminal, maybe not even being very intelligent or high on drugs, will take his time and is shrewd and cunning."

"The criminal, like the lion senses the zebra herd, will sense the weak ones of the human herd. He will watch the way they walk, how observant they are to danger, their age, their apparent strength, try to find one that's wandered from the herd and measure their position from the Cover he needs to move close in to surprise and overcome that human prey."

"The lion will slowly position himself for this attack. It will be a total surprise to the zebra. The attack will be quick and it will be deadly. So will the attack on the human."

The cunning and shrewdness of the *Human Hunter-Predator* is astounding. This *Human Hunter-Predator* mindset is in every criminal... it's in every mugger, thief, purse snatcher, rapist and killer... and it will be common place amongst desperate people if *A Failure of Civility* takes place! If you project any weakness... you will be the *HHP's* prey!

The *Human Hunter-Predator* will usually go after only easy prey. This is not only important for you to understand during *Normal Civility*, but is important to understand if *A Failure of Civility* occurs. *The prey will be you...* if you let yourself look vulnerable. That's...

***** **BREAK IN BOOK** *****

Again, part of Chapter 10...

10-The 'Walking Dead'

Unless a single shot is to the smallest incapacitating target of the human anatomy... the brain, your assailant will not be stopped 'Dead in Their Tracks.'

Actually, the Authors have seen enemy combatants continue to shoot for hours that have had half their skulls blown off from head shots.

So there are parts of the brain that if hit will positively shut down an assailant's body in a split second that we teach in our Tactical Courses and that snipers learn... but we're not going to go into that because it's too advanced for the average person.

However, the common misconception exists with people that one shot to the Center of Mass is enough to kill an assailant. This is true in some cases, but an attacker can remain alive for seconds, minutes, even hours and days during which time they can still function to...

***** **BREAK IN BOOK** *****

A further part of Chapter 10...

10-Tips to Survive a Gun Battle

There are procedures and techniques you can use and little things that if kept in mind they can greatly increase your chances of survival during a gun battle. The Authors suggest that you write these down onto cards and while your practicing with your firearm memorize them and during your training exercises be aware of each of these items in different circumstances.

Dictionary Definition

Combat

(Noun) Fighting, especially armed battle... Any struggle or conflict.

- **Imagine the Survival Mentality... learn to get into a Survival Mentality.** Learn to get into a *Survival Mentality* ... that of *determination and resolve*. You need to practice getting into a *Survival Mentality* when training with your firearm.

You'll need to have this *Survival Mentality* to continue a gun battle if you're wounded... and it will keep you alive if you're not wounded.

Pretend you're wounded in your strong arm... imagine this while reloading your weapon with one hand then your weak hand and shooting with your weak hand... *having the feeling of determination and resolve...* knowing that if you give up... you die! Practice firing your weapon at targets with a *Survival Mentality*.

Remember the *Survival Mentality*... *"I will survive to go home to my family! I will not stop regardless of injury or circumstances and I will continue the fight... I will continue the fight!"*

- **Keep on the Move.** Moving targets are much more difficult to hit than a stationary one. *Do not be predictable!* In a gun battle keep moving unless you're in good Cover. Have your opponent guessing at what you're doing and where you are. You should learn to reload on the move... *never stay still during a gun battle unless you're in Cover.*
- **Stay Small.** Always try to make yourself the smallest possible target. If going over an obstacle, high ground or a ridge, to low ground... don't do it standing up. You're making yourself a target for your enemy. Go over *low* then *quickly* move into Cover.
- **Down and scan, always 'Check your Six.'** Once you engage an enemy with your primary or secondary weapon and the shooting has stopped and that attacker is no longer a threat to you... *always* consider there is more than the one threat you have seen. At this point you should *immediately move to the left or right and lower your silhouette to a crouch...* *never stay in the same position.*

Keep your weapon to your shoulder shooting position but slightly lower the front about six inches from eye level. Then scan *left to right... right to left* checking any Cover or Concealment areas where any additional threat may be. Then 'Check your Six'... this means *check the area directly behind you* which is your '6 o'clock' position.

You must learn to do this drill so that it comes naturally to you. Don't just go through the motions... *look !!* Look for things that *JDLR...* *"Just Don't Look Right."* Practice this drill by having someone stand behind you in your '6 o'clock position' and hold something that you're unfamiliar with but that you must properly identify after 'Checking your Six.'

Learn to make what Special Operations Soldiers call the 'Penetration Scan' into Concealment such as foliage. Practice this by placing items back beyond the face of Concealment... six inches in... twelve inches in... eighteen inches in... until you can spot these items during your normal side to side scan.

Your weapon muzzle goes where your eyes go. Train to move your weapon where you move your eyes. In the split second from the time you see the enemy threat to you until you bring your weapon around to point to where your eyes have spotted the threat, align your sights and fire... is the split second that will get you killed. This fraction of a...

***** BREAK IN BOOK *****

More of Chapter 10...

- ***Move wide around possible enemy Cover and Concealment.*** If the terrain allows, always move wide around and come up from the side on potential enemy positions of Cover and Concealment. *Sometimes you can see from the side what you cannot see from a frontal approach position.* Remember... flank... flank... flank! *Flank your enemy... and always protect your flank against the enemy flanking you.*
- ***Learn to hit targets that are on the Move.*** You must learn to hit targets on the move... this means leading the target. This is sighting your weapon slightly ahead of the target to hit the target when it's at the point that your bullet will meet it. You have to lead more the faster the target is moving across your front and the further away the target is from you.
- ***Learn to shoot at moving targets while you're moving.*** Practice keeping your knees bent and moving from heel to toe to heel to toe while moving and firing your weapon. This gives you a more stable shooting platform. Your weapon should be stable, not moving up and down or side to side. Your upper body should be like the turret of a tank if you turn to fire a different direction than what you're walking. Hips fixed and upper torso turning with your weapon stable towards the target.

A simple way to practice shooting on the move is placing a target stand in a common kid's wagon. Attach a long rope to it and from *behind* Cover pull the wagon with the target across the firing line or fix a pulley off to the side and pull your rope through that from behind the shooter.

If a person is pulling the rope in front of the line of the shooter they must be in protective Cover from the shooter and protective Cover from bullet ricochets that might come laterally from the target area. *This is a very simple and effective way to learn how to hit moving targets but it takes a practice to master this...*

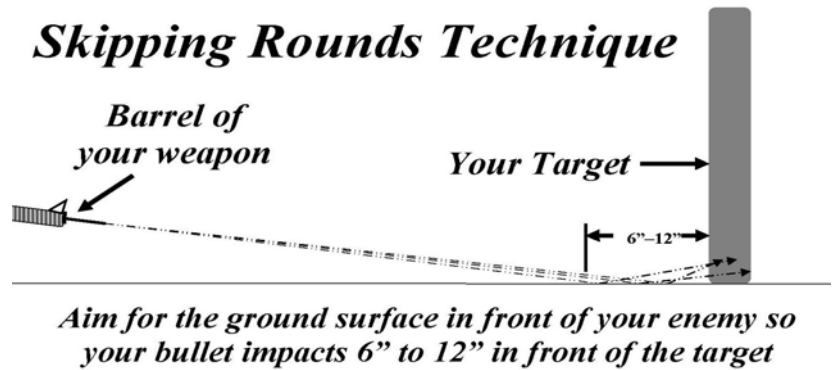
... and Johnny is probably going to get a new Red Rider wagon for Christmas.

- ***Practice Firing at Targets behind Cover.*** Practice firing at targets that are behind Cover. You can count on approximately 85% of opponents being right handed and will appear to *your* left side of Cover when they come out to shoot at you because they're right handed. During lulls when they're in Cover behind these positions, aim to where you think they will be on *your* left side of their Cover and be ready for them to poke their snout out on that side.
- ***Learn to use Drake Shooting Techniques.*** 'Drake Shooting' is basically 'Flushing Out by Weapon Fire' tactics. If it *JDLR* and the circumstances permit... fire into the Cover or

Concealment area. You do not have to see enemy movement to use this technique. We used this technique to flush out terrorists we were pursuing but had temporarily lost sight of.

Use the Skipping Rounds technique when you Drake Shoot by firing six to twelve inches just to the front of the target you're firing at. Practice this at a firing range.

Set up a cardboard target and fire six to twelve inches into the gravel in front of it... your bullet and debris strike will look like a shotgun hit the target.



The photo shows the effect on a cardboard target from one Skipping Rounds bullet. This bullet caused impacts on about a one foot square area. This turns your rifle into a shotgun.

Drake shooting is very effective as most enemy tend to want to make a run for it as they think they've actually been seen... when they haven't. Be ready to shoot at a target on the move immediately after Drake Shooting into Cover and Concealment areas. In the

******* BREAK IN BOOK *******

Chapter 10 continued...

- **Remember night time gun battle muzzle flash.** When firing your weapon your muzzle flash will reveal your position in the dark. When fighting at night or low light conditions, move away from the last position you fired from, immediately after you fire. An enemy will return fire to where they last saw your muzzle flash.

Conversely... aim for your enemy's last known muzzle flash when firing because they probably haven't read this book so they don't know this tactic.

Know that at night a burning cigarette can be seen from 1 mile away. This will reveal...

******* BREAK IN BOOK *******

Chapter 10 continued...

- **Firing from a door, window or Cover.** Firing to the left out a window or doorway or from behind Cover exposes less of the body for a right handed shooter than firing out the right

side of the window or doorway. If you're right handed and have to fire out of the right side of a door or window or from the right side of Cover, switch your weapon to your weak hand to expose less of yourself.

Never hang out a window or expose yourself or your weapon to the enemy on the...

***** **BREAK IN BOOK** *****

Chapter 10 continued...

Shooting through glass. Know that when shooting through glass that it is anyone's guess where the bullet will go after it passes through the glass. Some snipers have

It is not just the angle the bullet strikes the glass. There is a complex set of ballistic dynamics involved with this. Shooting through the windshield of a car brings the same result so if you're shooting to kill the driver you have to put a number of shots at your target through the windshield.

***** **BREAK IN BOOK** *****

Chapter 10 continued...

- *Learn to use the SAS pistol close cover technique.* A pistol is heavy and becomes much more difficult to hold upright with an extended arm the longer you hold it.
- *Use the Skipping Rounds technique.* This turns a rifled weapon projectile or bullet into a shotgun effect from bullet fragmentation and debris splatter from ground strikes.

***** **BREAK IN BOOK** *****

Chapter 10 continued...

Quick reaction shooting must be done with targets stationary... moving... and with multiple targets. When this is done over, over and over again... it becomes a knee jerk reaction.

*Do not look into your enemy's eyes when shooting... the eyes won't kill you... **the hands will.** Focus on the Center Mass that you're going to fire into and watch the hands with your peripheral vision. Fire two or more shots into Center Mass.*

- **Don't be too cool under fire.** After a number of gun battles you begin to think that you're invincible... *that mortal man cannot kill you with their puny weapons...* and that's when it happens... and you find yourself playing a game of checkers with Elvis.

Be as controlled and calm as you can... but not too calm or relaxed. We've had most friends and comrades get hit because they 'forgot the rules'. In other words... they got lazy, careless or over-confident during combat operations.

Your clothes will be soaked with sweat even in frigid weather... not only from exertion... but from the sweat of fear. *Overcome this fear with training.*

*The secret to winning a gunfight is... **taking your time in a hurry.***

My God, you ask! How do I do that?

The military has used simulation drill exercises for centuries... training exercises. They do...

***** **BREAK IN BOOK** *****

Chapter 10 continued...

Americans think their combat soldiers wear sunglasses more to 'look cool' than to minimize the brutal sunlight of the combat zones they're in. But, have the wind or an explosion blow sand or debris in your eyes or a blast of hot firearm gases hit you in your baby blues without eye protection and you'll 'want to look cool too' every time you fire a weapon.

Have plenty of everything. The Authors both relate that one of the reasons they're still alive is that they always carried "*One more knife, one more grenade, 10 more magazines and one more pistol*" than the guy next to them carried into combat situations.

Weapons are tools and they break just like any tool. Carry spare tools with you. Have plenty of extra loaded magazines for each of your weapons. Remember that a semi-automatic weapon is simply a single shot weapon without a magazine... reloading your magazines in the heat of an action *is out of the question.*

You should use the rule of thumb to have 10 magazines for each long gun and 5 magazines for each pistol. We carried more. You should have holsters, magazine pouches and...

***** **BREAK IN BOOK** *****

Chapter 10 continued...

...seep into the chamber and eventually wick into the cartridges... diminishing their power or completely ruining them.

This was “*The Luck of the Irish*” for one of our friends... he was shot at close range... in fact at a point blank range of less than one foot with a large caliber pistol. The bullet left the pistol barrel but bounced off his sternum.

He bled all over the place but otherwise was unharmed. Other shots fired from the pistol did the same thing, confirming lubricant had penetrated the pistol cartridges and totally reduced their killing power... and our friend still prays to give thanks.

***** **BREAK IN BOOK** *****

...a final part of Chapter 10

When you’ve been in combat you instinctively learn to walk from Cover to Cover rather than walk in a straight line from point ‘A’ to point ‘B.’ Learn to do this even during *Normal Civility*.

Another tip on surviving a gun battle... pray earnestly to your God or a Higher Power.

In combat, the Authors have frantically said prayers something like this, while they were digging slit trenches with their eyelashes...

“Oh God! If you let me out of this one alive I promise I’ll never do anything as stupid as this again! Yes, I know I’m a dumbs#!t...but I mean it this time! Honestly! I’ll stop using foul language too! I’ll even quit chewing tobacco... I promise!”

***** **BREAK IN BOOK** *****

Chapter 11

Some suggestions to evade those following you...

- ***Stay off the beaten path.*** Unless your pursuers are trained in Man Tracking, stay off the beaten path. If you have a tracker on your trail, you sometimes use the 'beaten path' to lose your foot prints amongst the others... and if the other footprints are actually hoof prints you're in luck.

Cattle, horse, human and animal prints on a well travelled path make it very difficult to follow individual footprints. The animals traveling on the same path help to hide or totally erase your foot traffic in these areas. It's actually easier to follow a person in most 'bush' areas than down a well traveled path.

Remember humans are like animals and like to follow the path of least resistance, such as a well worn trail... this is also predictable. He'll pursue you down that trail... but send others ahead to lay in wait for you.

- ***'Rock Hop' and back track.*** If your area has hard surfaces like rocks... carefully move across the rocks for as long a distance as you can. When you're on a surface it is hard to detect footprints. But remember this takes more time, so you have to measure getting out of the area versus not being followed.

One simple way to determine if you are being followed is simply use high ground to observe the area you have just came through. Watch if the bad guys are following you and how they are moving professionally versus a gaggle walk. This is one indication if they are trained trackers or 'Joe Bob,' who likes to hunt, is in the group! There is a big difference between a combat trained tracker and the average outdoorsman.

- ***Avoid 'Track Traps.'*** A Track Trap is an area that clearly shows footprints... it makes your trail like a dotted line showing your direction of travel. All a pursuer has to do is connect the 'dots' in the Track Traps and they can follow you. Some are so telling that your pursuer can also tell the approximate number of people traveling with you.

Stay on the pine needles and hard surfaces. Your foot prints are not that easily detectable walking on rock, pine needles or clear ice, etc. Change your direction ninety degrees from these areas and you'll probably lose your pursuer.

***** **BREAK IN BOOK** *****

More Chapter 11

The Authors teach Combat Tactical Courses to civilian groups and Combat Man Tracking and Tactical courses to law enforcement and military personnel. Both these courses involve portions that deal with detecting and following an *individual or group of persons* known as the 'Quarry.'

After teaching hundreds of these courses, the number of times the ‘Quarry’ make obvious and stupid mistakes when we teach pursuing them continually astounds us... some of the Quarry are even seasoned military people.

Resistance. We focus on Evasion, Survival and Escape... because in *A Failure of Civility*, there probably won’t be much resistance training needed. If you’re caught by a band of the lawless, you’ll probably just be beaten and tortured, raped, then killed and left to rot or killed and eaten.

***** **BREAK IN BOOK** *****

More Chapter 11

11-Get the hell out of the Kill Zone

You ***must not*** stop or get out of your vehicle for anyone whose vehicle has been disabled during an ambush, or you simply risk losing more people and other vehicles. The same goes for being ambushed when walking. This is easier said than done if it’s your family caught in the Kill Zone... but you have to do it.

*If you’re traveling by vehicle or on foot and your group or convoy is ambushed...
Get the hell out of the Kill Zone!!!*

Use your heaviest vehicles as a battering ram and punch through any obstacle or push lighter vehicles aside. This is why heavier vehicles are in the front and rear of the convoy... they’re battering rams to break through obstructions that create the Kill Zone and to push disabled vehicles aside or through the Kill Zone.

A better solution is to get through the Kill Zone and regroup, out flank the attackers if you...

***** **BREAK IN BOOK** *****

Chapter 12

***** **BREAK IN BOOK** *****

Part of Chapter 12

12-Water

Dictionary Definition

Potable (From the Latin *Potare... to drink*)
(Adjective) Water that is fit to drink.

If a real *The S#t Hits The Fan* scenario develops and potable water sources shut off... people will be drinking from ditches, mud puddles, rivers and lakes without treating this water... many will die within days.

Potable Water means safe drinking water. In *all* areas, water has to be treated. Water has to

Water... The Triple-One Rule of Thumb. This rule of water use will give each person in your *NPP* drinking, minimal cooking and bathing water of **One Gallon for One Person for One Day**. This depends, obviously on the time of year, your climate, and individual needs. But this rule will generally keep all Group Members functioning adequately.

Have chlorine or water purification tablets of some type on hand to keep this water drinkable. You need to add only one drop of chlorine per two liter bottle... that's about two quarts of water. If *A Failure of Civility* occurs remember to **immediately** fill everything you have in your home with water... bath tubs, sinks, containers, bowls, glasses, buckets etc. When the electricity goes out... the water will soon stop flowing.

Save every plastic bottle and jar that has a screw on top and fill every container that will hold water with water while your present water system is functioning.

Save at least one case of bottled water in the 16 ounce or 20 ounce plastic bottles. Keep the empty bottles and the screw on caps. Refill the water bottles with water for personal consumption and they will allow you to keep track of how much water each person is drinking each day.

You make potable water by doing the following...

- **Filter** the water **and**,
- **Boil** the water **OR**,
- **Distill** the water **OR**,
- **Chemically Treat** the water

Water Treatment Rules of Thumb. In order to live, we must have clean, potable, bacteria-free drinking, cooking, food hydration and bathing water.

Water from streams and other sources of ‘unprocessed’ water can contain contaminants from sewer systems, bacteria, crop nitrates run-off and animal urine. Contaminated water *will* be hazardous to your health... it can kill you.

Filter the Water. You must filter the water through fine mesh material or coffee filters.

Filtered water can also be dangerous if you use a carbon or paper filters and the filters are not changed on a regular basis. Bacteria can grow within these filters themselves. Some solid substances can be removed with filters, but no filter can remove viruses, bacteria, pathogens, radioactive or chemical compounds and completely soluble pollutants. For that you have to boil, distill or chemically treat the water.

***** **BREAK IN BOOK** *****

Another part of Chapter 12...

12-Emergency foods

One important issue must be kept in mind...

Most survival type foods such as the following can make people sick if your diet changes suddenly from Mainstream Foods... the foods you eat daily... to a diet of ‘Survival Foods.’

You may or may not receive food in the near future depending on what the *Catastrophic Event* was and what its intensity and effect was. Don't bet your life and the lives of your family members on a promise or ‘rumor’ that lots of food is on its way. Until you have the food *in your possession* you should not gamble your life on something you anticipate being there. Continue to ration food.

We will list different types of foods that some call Survival Foods. We prefer to call them *Emergency Foods*.

Depending on the duration of a *Crisis*, these foods will sustain life until the *Crisis* ends and *Normal Civility* is restored or until a replacement food supply of less processed origin is found or created by you, such as by gardening, fishing and hunting.

You cannot expect to live for years off of *Emergency Foods* without some physical side effects and you *must* have a supply of *good multi-vitamins* to take with them.

Your Emergency Supplies must include Metamucil or a gentle laxative. You must drink plenty of water with Emergency Food meals.

Store nutrient dense foods. Nutrient dense food is the single most important factor to ensure you have reliable food reserves. It's efficient food because dollar for dollar... pound for pound... ounce for ounce and fork full compared to fork full... it has more nutrition, calories, vitamins and trace minerals than other foods.

Compare a dollar spent today on dried fruits and vegetables to a dollar spent on a box of cereal. Obviously the dried fruits and vegetables wins hands down against a processed box of 'The American Super Heroes' multi-colored, sugar coated, and educational learning shapes cereal with the glittering speckles in it. Clark Griswold would be proud of the 'non nutritive food additive varnishes' they're saturated with.

Like ammunition... food should be kept in a cool, dry place.

Eat what you store... Store what you eat. We recommend that you store whatever foods you feel best suited to you and your situation, but *eat from those stocks... eat daily out of rotated food stocks.* Eat the oldest foods and replace those stocks with the newest.

Purchase replacement items for what you remove to eat and replace these foods immediately to the back of the food storage area. *The important point is to incorporate...*

***** **BREAK IN BOOK** *****

Some more of Chapter 12...

Body cleansing. Keeping the body clean during a disaster is important to keep skin sores, transmittable fungus and bacteria from appearing and thriving. If water has to be transported any distance, baths will be out of the question. Water for bathing should be boiled also to prevent bacterial and fungal skin growths.

Tree, Unit shower or Garage Bucket Shower. A shower is the most efficient body cleaning system that uses the least amount of water. A shower can be constructed in an existing High Rise Building unit shower, garage or under a tree big enough to drape a tarp around and hang a bucket high enough with holes punched in the bottom or it. You fill the shower bucket with a water bucket from a ladder.

Take a Spray Bottle Shower. Use a spray water bottle with a small amount of antibacterial soap in it and have another Group Member assist you in 'showering'. Use paper towels or hand wash cloths to scrub down. Water needs to be boiled to bathe in also and obviously let it cool down before putting it in a spray bottle or getting under the bucket.

Wet Wipes 'Pits and Crotch Shower.' This can be refreshing not as satisfying as other ways of cleaning your body. This basic cleaning is necessary to keep rashes, fungus growths and

bacteria down. Wet Wipes can be reconstituted with rubbing alcohol if they dry out. Do you see why we recommend you stock all these seemingly 'odd' items?

In America we have become used of modern sewer systems, trash disposal and proper burial of the dead. One of the first modern societies... the Romans knew the danger of disease from ill disposed waste, sewage and from the improperly buried dead and constructed the first modern water aqueducts and sewer systems as a solution to these problems. After the fall of the Roman Empire... humanity de-evolved.

If A Failure of Civility becomes prolonged Mankind's environment will de-evolve again. Diseases... most of them unheard of for years... if not centuries... will come back to life. Cholera,

Typhoid Fever, Amoebic Dysentery, Typhus... to name a few will reappear. The mouth foaming and extremely contagious disease called Rabies will proliferate in animals and spread to humans.

The common rat will come back into being quickly... as the result of massive amounts of improperly disposed trash, waste and the abundance of unburied bodies. Diseases like the...

***** **BREAK IN BOOK** *****

Chapter 12 continued...

NPP Communal List

12- Jointly... what your Group Members will have to buy for the Communal NPP equipment and supplies...

This is what each of your NPP Group Members must chip it to buy...

One or more of the same model Watch Center Radios. This must be a battery rechargeable, hand crank and alternative 110 volt powered emergency base camp radio with Aircraft, Short Wave, NOAA, FM and AM channels and bands. This radio must be compatible with the two-way radios and the same radio individual Group Members buy.

Enough two-way radios *with Microphone/single ear pieces* to have one for each position of guard, roving patrol, Perimeter Patrol, LOP, *Inside* and *Outflanker Marksmen* positions plus spare radios and spare batteries. These must be compatible with the Watch Center Emergency Base Camp



Radio for channels and privacy codes. Get 50 channel water resistant models.

- One AA battery operated quartz clock and spare batteries that has an alarm and that keeps track of the date, and the day of the week.
- High intensity solar powered sidewalk lights for night time Watch Center lighting.
- 12 hour chemical light sticks for night time Watch Center lighting.
- Green and red filters for night time Watch Center lighting.
- Solar charging units. Enough to recharge all radio batteries.
- One or more* good quality compass. The compass should be completely enclosed inside a carrying case that fits on a belt. No battery operated electronic compasses.
- Maps of your *Primary and Secondary NPP Locations* and their surrounding areas.
- Google or Map Quest photos of your *Primary and Secondary NPP Locations* and surrounding areas.
- Maps of a minimum of at least three routes from your *Primary NPP Location* to each or your *Secondary NPP Locations*.
- City or County maps of your underground utility passages if you can get them.
- Notebooks of paper, ink pens, especially pencils, and a small manual pencil sharpener.
- One or more dirt type bicycles and spare tires.
- One or more good hand tire pumps for bicycles and vehicles.
- Vehicle and bicycle tire repair kits.

A tool kit with hand wood and metal working tools...

- A Stanley Sharp Tooth type 15-inch wood saw to cut trees and rough lumber with.
- Different types and sizes of pliers.
- Hammers.
- Screw drivers of all types and sizes.
- Files and rasps. All types and sizes of wood files, but mostly metal files.
- Imperial (Inch) and Metric socket sets.
- Different sizes of pipe and crescent wrenches.
- Small axe and Large axe.
- Heavy sledge hammer.
- 5 foot pry bar.
- Handyman type jack.
- Smaller pry bars.
- Bolt cutters.

- Simple AC/DC volt meter.
- Different types and sizes of metal shears.
- Hand saws.
- Multiple rolls of black electrical tape.

Additional Items...

- Water dispensing 5 gallon hand pump back pack fire extinguishers.
- At least one Emergency Escape Ladder for each ten people in a High Rise Building.
- Rolls of Vietnam Era trip wire or non glare heavy fish line for perimeter for trip alerts.
- 1,000 feet of 6# fishing line.
- Lots of nails and screws. Long ones.
- 1/4" or 3/8" nylon rope-minimum 100 feet. Clothes line, etc.
- Chlorine bleach and Iodine tablets for disinfecting water.
- Gallons of treated gasoline as applicable in 5-gallon cans for vehicles.
- PRI-G, to rejuvenate gasoline in the future.
- If your *NPP* is a High Rise Building you must have alternative heating and cooking sources, especially if your *NPP* is an individual floor. Have as many 5 gallon propane tanks as possible, a heating and cooking system that functions on kerosene, fuel oil or simply coal. *Beware of fire, carbon monoxide poisoning and oxygen depletion when using these.*
- If your *NPP* is a High Rise Building you'd better have mucho blankets and good quality sleeping bags for winter weather... many!
- If your *NPP* consists of individual floors, have lots of food and ammunition. The fools that prevented your entire building being a *NPP* will be at your door after *A Failure of Civility...* you may need a few of them to help you secure the entire building. You can get even by telling *them* what to do.
- Barbed Wire or Concertina Wire enough to cover your entrances, Kill Zones and other areas of your Protective Perimeter and two pair of gloves to handle it.
- Enough Clear plastic self sealing sandbags for Guard Posts and other areas they're needed of the Home Depot type.

Buy the following items only if your NPP Group Members can afford them...

- A gasoline emergency power generator to run power tools with and for charging batteries. For short periods of time this can be used to run power tools that will enable you to do the work of hand tools in a fraction of the time.
- A chain saw and files for sharpening the chain, fuel and two cycle oil supply.

- Four or more 5 gallon NATO type fuel cans.
- A couple of gallons of PRI fuel treatment. PRI will reconstitute old gasoline.
- Manual fluid transfer pumps for fuels and water. Color code these 'White' for human consumables and 'Red' for fuels so they don't get cross used. Have hoses long enough to get to the bottom of the barrel *or to siphon from buried fuel tanks, at least 25 foot in length.*
- A four wheel block & tackle with rope.
- A good police scanner.

Individual List

**12-Individually... what each Group Member must have...
per each Group Member...**

***** **BREAK IN BOOK** *****

Chapter 12 continued...

12-Alternative electrical power

You need to have an alternative electrical power source to charge radio batteries and other electrical items. You must assume that *electrical service will be non-existent during a Long Term Crisis or A Failure of Civility.*

Emergency electrical power is another science unto itself. It's for those more intelligent than us. We'll give you some basics but ***consult someone who knows about emergency electrical power in detail before investing in any emergency electrical items.***

Electrical items... radios, flashlights and batteries *are another item to standardize* in addition to your firearms calibers, magazines and cartridges. Standardize your batteries and voltages of items using these batteries. Standardize your chargers.

Buy equipment with a common voltage and batteries that will work with the same charger and in all items using them. Make this the standard voltage/battery/charger in your *Neighborhood Protection Plan*. If one goes on the blink, then you have others. It makes it much simpler.

Deep Cycle Storage 'Bank' Batteries. The best and most efficient system for emergency electrical power is to have deep cycle batteries as 'storage bank batteries' charged by solar cells or an emergency electrical generator. This is the most efficient way to use the fuel that powers your electrical generator and to store electricity produced by solar cells.

Charge your batteries. You can charge radio or other batteries directly from your *storage battery bank* if they are the same voltage as the batteries you need to charge or you can charge them through a regulator.

An Inverter. From those *storage tank batteries* you use a *inverter* to turn this stored power back into 110 volt power for *limited* use of tools, limited microwave use and refrigerator or freezer units.

Solar Panel Charger. These have become *very inexpensive* to buy. Solar panels are virtually everywhere now. You can buy basic battery charging units with solar panels built in which are quite small and compact. *Don't invest...*

***** **BREAK IN BOOK** *****

More of Chapter 12...

The Faraday Cage. An EMP will destroy all electronic semi conductor, LED and microprocessor circuitry. A Faraday Cage as the photos illustrate is cheap protection and can be constructed for around \$60. We found the plans for ours floating around on the internet. It's simply a galvanized metal garbage can with lid.

We put snap down draw latches on the can to pull the lid down tightly against the aluminum screen in the photo that we put over the lip of the garbage can opening. We lined the can and the lid with cardboard and hot glued everything in place.

We hot glued a strip of foam at the top to keep the aluminum screen from poking fingers. We wrapped our radios in aluminum foil and taped the edges of the foil with air conditioning aluminum foil tape.

EMP voltage 'hangs' around the outside metal of the Faraday Cage, which acts like a 'skin', protecting the electronic objects inside. Eventually, this high voltage dissipates harmlessly. Otherwise it fries all electronics.

A Faraday Cage is for two-way radios, base station emergency radios *and any other LED or electronic equipment*. Back up your computer on a DVD or CD type disk... these are not affected by EMP, but put one laptop computer in your Faraday Cage with all your applications and data on it.

Do not ground a Faraday Cage... let it 'stand alone' preferably a couple of feet off the floor of where you store it. *Anyone who tells you to ground a Faraday Cage to a water pipe or an earth ground is full of bulls#!t.*

Grounding a Faraday Cage can actually direct more destructive high voltage towards the electronics equipment stored by way of the ground wire to the Faraday Cage channeling more voltage to the item inside the Faraday Cage.

This may do the opposite that the principle of a Faraday Cage is intended to do... isolate electronic components from Electromagnetic Pulse damage. Grounding *can* help but it has to be done properly and this is a science unto itself reserved for those who deal specifically with EMP. ***For you... do not ground your Faraday Cage.***

Because a Solar Flare or Coronal Mass Ejection could come in waves over days or up to a week or more... do not open your Faraday Cage after the first EMP problem... wait. The event may come again in the same or greater intensity over the next few days and destroy your once protected equipment.

Nuclear. A nuclear event that is above ground in the immediate atmosphere and that puts radiation in the environment requires...

***** **BREAK IN BOOK** *****

Another part of Chapter 12...

Incorporating this lifestyle of *Self Dependence* into you modern lifestyle is something you need to do *now*. It can't be learned overnight and you won't have the luxury of time to learn these methods. You and your family will most likely endure extreme suffering or die before you can learn the methods by which our ancestors were *Self Dependent... start now!*

We'll give you a couple of 'for instances'...

One... Did you know that you can catch or shoot and cook rabbits and eat them until you're constantly so full that you want to puke... *and starve to death in the process?* It's called 'Rabbit Starvation' and it's a fact. Unless you have other animal or fruit and nut fats, you'll literally starve to death very painfully trying to subsist on rabbit meat alone.

Two... That's if you don't get deathly ill from 'Rabbit Spotted Liver Disease.' The Authors know that if you kill, skin, gut and cook a rabbit to eat... you'd better be gosh darned certain the rabbit's liver is not mottled or spotted. This is a serious disease that will incapacitate and kill humans.

There's waaaaay too much to go into to advise you how to live like our ancestors did 200 years ago. We'll just say that if this is more of your concern than preparing for a **6 month Long Term Crisis** or *A Failure of Civility* that returns to *Normal Civility* which we've given...

***** **BREAK IN BOOK** *****

Another part of Chapter 12...

12-Sharing food and provisions to maintain cohesion of *NPP*

There may come a time in your *NPP* where some members run out of food. Considering that when your group was formed, everyone should have had sufficient food to sustain them for the time period that your *NPP* was designed to exist for... these members were either not truthful or consumed more than they should have in the allotted time period.

This leaves all Group Members to make a decision on what to do. *The decision of what to do in a case like this should be made when the NPP is organized.* If the decision is made during a *Crisis*, the psychological trauma that all are in will affect what you decide. This decision will also set a precedent for each additional person who runs short of food or provisions throughout the duration of the *Crisis*.

You can each chip in part of your food and provisions to that Group Member and ration daily what is given to that Group Member or discuss and vote on other options. Whatever...

***** **BREAK IN BOOK** *****

A final selection from Chapter 12...

Calculation of Water, Food and Provisions for EACH PERSON

Each person will consume and should have the minimum of the following items: Food, water, a firearm, ammunition for that firearm, clothing for all seasons. The best way to ensure you have everything is to gather your household members and *Extended Family and Friends* and 'brainstorm.' Talk about it!

Speak out loud and visualize what you each will need for all seasons of the year. This must include simple things like cooking fuel per person. Have one or two members act as 'recorders' and put everything thought of down on paper. Make a list and distribute and then be persistent until each person has these items.

Water... The Triple-One Rule of Thumb. This rule of water use will give each person in your *NPP* drinking, minimal cooking and bathing water of **One Gallon for One Person for One Day.** This depends, obviously on the time of year, your climate, and individual needs. But this rule will generally keep all Group Members functioning adequately. You should have as much water in storage as possible and your *NPP* should have an identified renewable water source.

'Calories of Emergency Food Stored.' A simple rule of thumb is to calculate **2000 calories of food requirement per day for each person.** This number '2000' will be used below to calculate your **'Number of Days of Emergency Food Stored.'** There is a Calorie Chart at the bottom of the next page that you can reference for a more detailed calculation of individual food

needs in calories. Use the form on the next page to list and calculate your 'Calories of Emergency Food Stored' from all the items of Emergency Food you have.

To calculate the 'Calories of Emergency Food Stored' you have to...

1. Multiply the '*Calories per Serving*' times the '*Servings per Container*' in each container.
2. Multiply that times the number of *identical sized containers* you have.
3. Perform this calculation for each of your food items for a *Calories Subtotal*.
4. Then add up *Calories Subtotal* column of all food items to get your Total number for '*Calories of Emergency Food Stored*'.

'Number of Days of Emergency Food Stored.' This will tell you *how many days of Emergency Food your household will have to live on.*

1. To calculate take the *Total Number* of '*Calories of Emergency Food Stored*' from your...

******* BREAK IN BOOK *******

******* END OF BOOK *******